We provide guidance, consultancy, training and resources to support and enhance the health and wellbeing of children and young people and their learning.

This includes the curriculum for PSHE and Citizenship: its content, approaches to teaching and learning, monitoring and assessment. We also support school leaders and staff to develop a whole school approach to promoting wellbeing, which includes the school’s ethos and values, policy development, staff training, pupil voice and home-school partnership work.

We are part of the Education Wellbeing Team.

Our Areas of Work

We support schools in reviewing and developing policy and practice in a wide range of health related themes, including mental health and emotional wellbeing, drug education, sex and relationships education, anti-bullying, healthy lifestyles (including healthy eating), loss and change and citizenship.

Our Resources

We have worked in partnership with Cambridgeshire schools for over 15 years. We are particularly proud of our record of innovation and development to help schools deliver the highest quality of PSHE and Citizenship.

Our resources range from the highly regarded Cambridgeshire Primary Personal Development Programme, which provides a complete solution to planning, teaching and leading PSHE across the primary age range to Peer Mediation and Conflict Resolution, a resource for primary schools which includes units of work and a programme to support schools in establishing a Peer Mediation service. We are always happy to talk to schools about their needs and advise in the best options to suit your current situation.

In School Support

As well as providing resources for schools, we also offer a range of training opportunities for staff and parents, both in school and out. CPD for staff is offered to cover all of our areas of work and can be tailored to meet your specific needs. We also offer sessions for parents, where you have identified a need to develop partnership working e.g. around Sex and Relationships Education or Celebrating Girls Friendships.

If you prefer to attend a training course off the school site, we offer a full range of Courses for those delivering and leading PSHE in school.

pshe@cambridgeshire.gov.uk