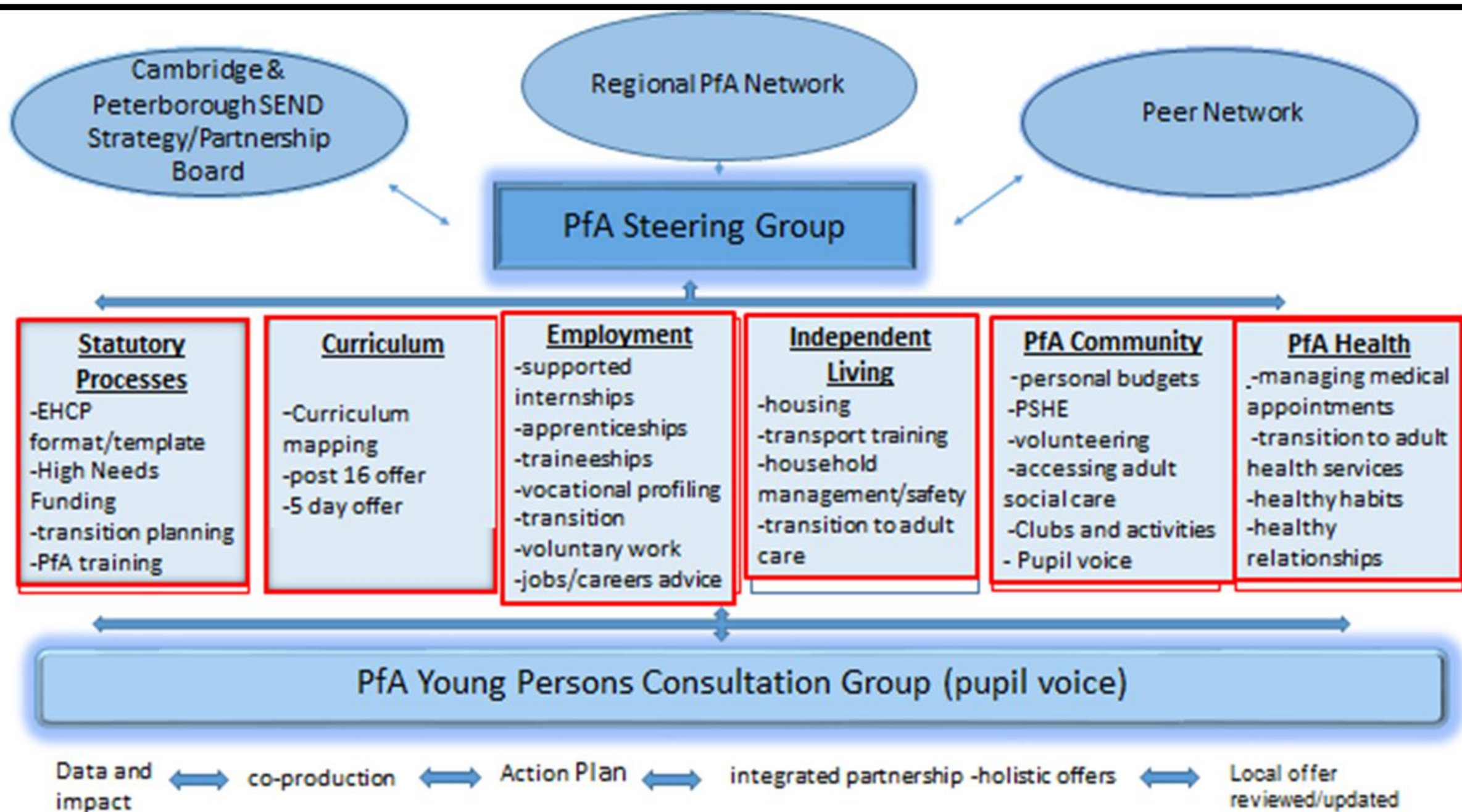


How we are including young people to co-produce activities and to participate in planning for their future.

- **Presenters**

- Marya Ali , Youth Voice Worker, Chair PfA Young Persons Consultation Group
- Travis McLennon, Access Champion and Travel Trainer City College Peterborough
- Elizabeth Sullivan Ash, SEN Lead Post 16/Preparation for Adulthood. Chair PfA Steering Group.



How we decided to consult with young people

- ✓ Events – 3 times per year (March /July/December)
- ✓ Each task and finish group provided questions they wanted to ask young people
- ✓ December 2019 first event invited 5 YP from each school/college-great support & response
- ✓ feedback provided
- ✓ Following events to follow through with this feedback
- ✓ COVID!!!!
- ✓ Creative response!!!

This PowerPoint is in response to feedback young adults gave us at our December 2019 event. (Covid 19 has meant we have not been able to hold our March and June events)

Preparing for Adulthood

Young Persons Consultation Spring 2021

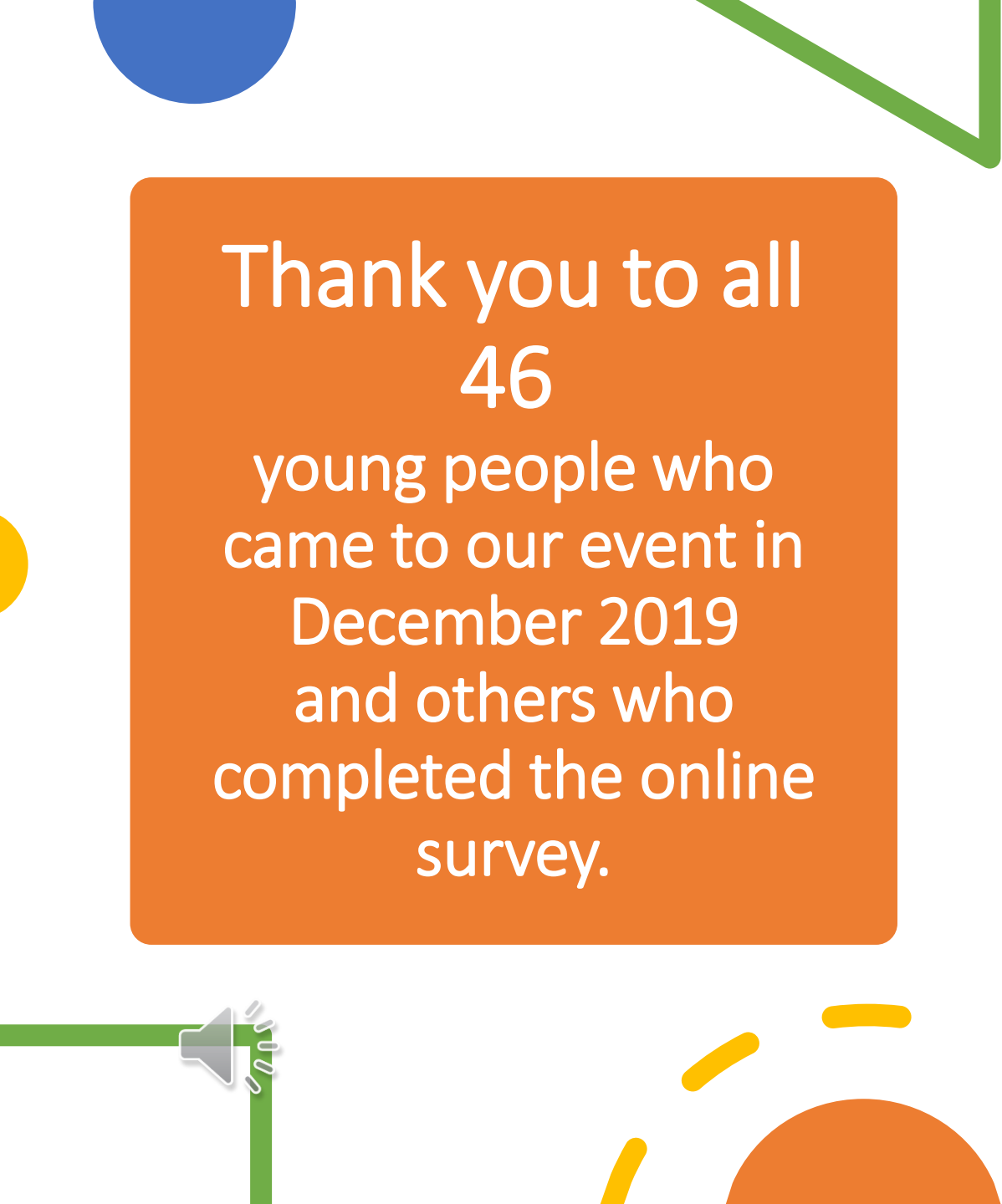


This PowerPoint is in response to feedback young adults gave us at our December 2019 event. (COVID-19 has meant we have not been able to hold our events in 2020, but we hope to see you soon in 2021.)

Sorry to have missed
you at our events
in March and
June 2020 due
to COVID-19

Click the
speaker on
each slide
for audio





Thank you to all
46
young people who
came to our event in
December 2019
and others who
completed the online
survey.

The feedback you gave helped us to know what you need.

You asked for help with:

1. How to use the Local Offer website
2. Learning about the importance of your annual health check
3. How travel training can help you to get out and about in your community
4. How technology can help you live more independently
5. How a supported internship can help you get a job

**In this presentation
we have set you some
challenges and questions that
will help you practice what you learn.**

You can answer the
questions using this [online
form.](#)

Your answers will help us to
know what you need to have
the best possible future!



You can also find this
presentation [HERE](#) on
the Local Offer website.

Local Offer

What is it?
Why would I use it?


This is what you told us:

**12% said you
knew about
the Local Offer**

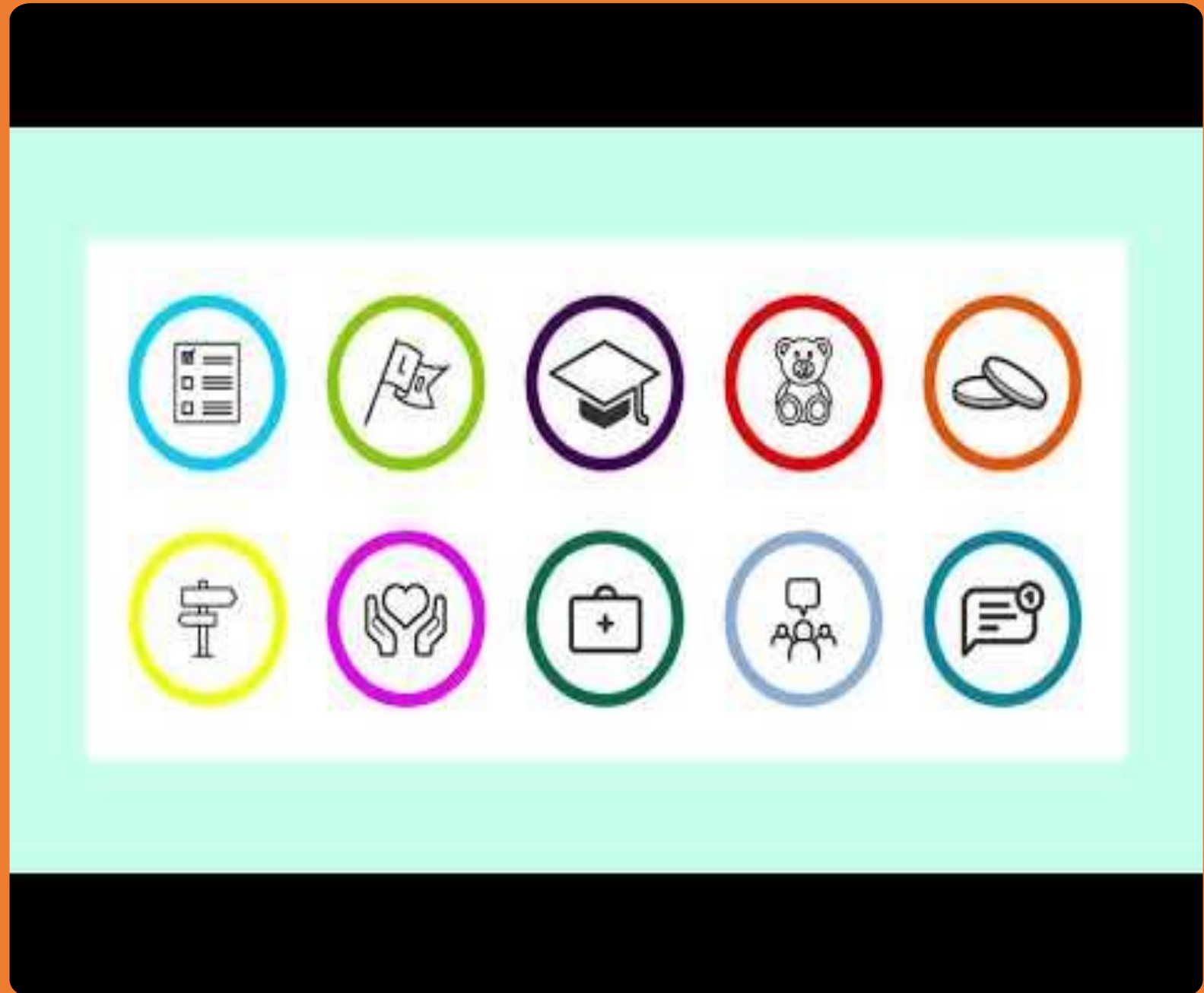
**5% of you who knew
about the Local Offer
said you used it**

The local offer is like a one stop shop where you can go to find out about anything in Peterborough.





Watch the video
then have a go
yourself!



1. Go on the local offer website:

[Local Offer for Young People](#)

2. See if you can find information about:

**A college
course**

**Finding a
new hobby**

**Looking for
a job**

3. Were you successful in finding help?



Your Health

Why are annual health checks important?



This is what you told us:

28% said
you have heard of an
annual health check

11% said you had been to
an annual health check in
the last year

Watch the fun video clip on the next slide to learn about the importance of **YOUR** annual health check

[Find out more on the Local Offer](#)



Try booking your
annual health
check yourself!






QUIZ TIME & ROLE PLAY

Annual Health Checks

QUIZ

1. At what age should your first annual health check take place?
2. Can you make your own appointment when you are 16?

NOW IT'S YOUR TURN

1. Practice phoning the surgery - role play with a friend
 2. How will you get to your doctors' surgery?
- 

Travel Training





This is what you told us:

**42% said you did know
how to go out
and about
in Peterborough**

**64% said you
would like some help to
become confident in getting
about the city**

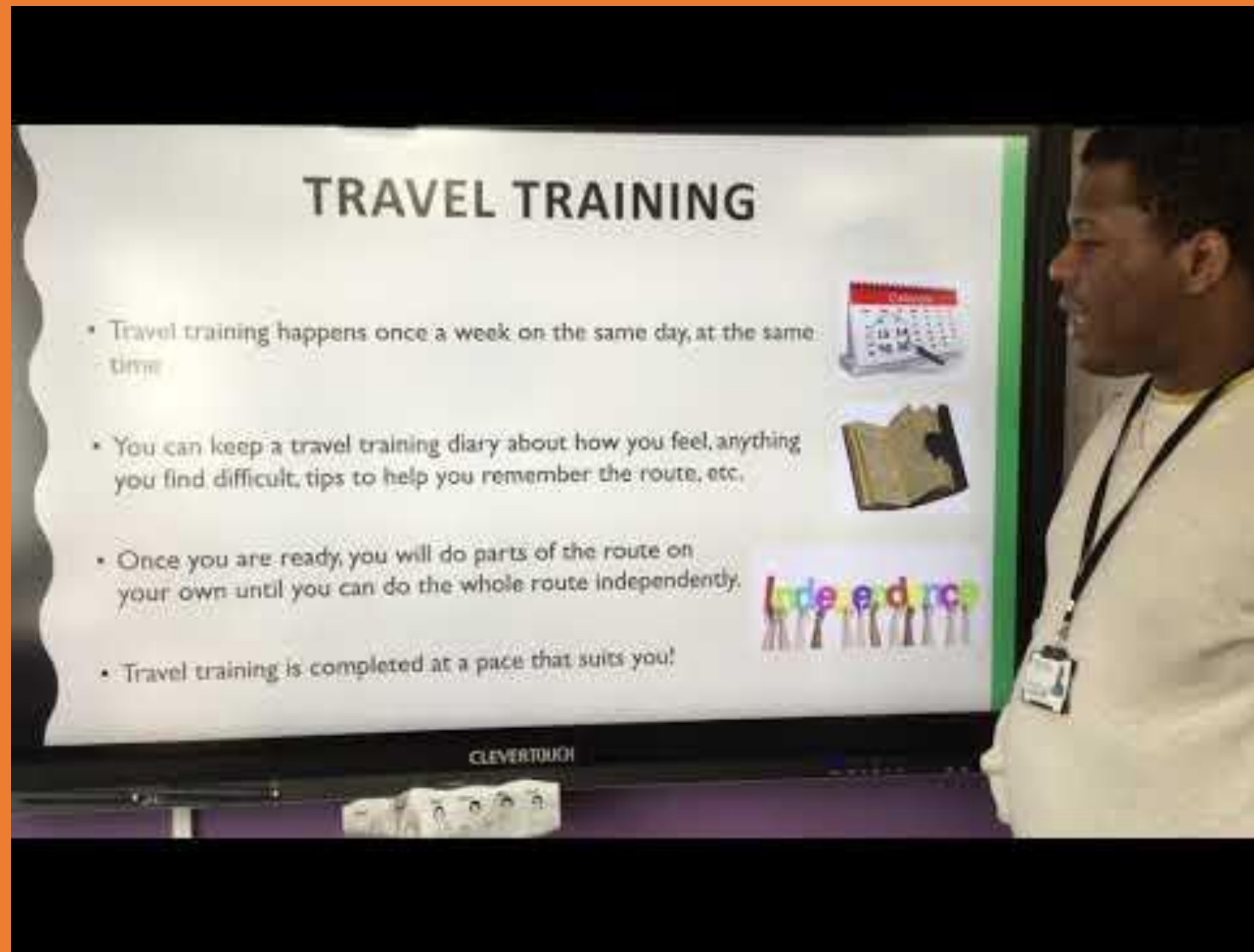
Watch the next video to hear from Travis, who is your Access Champion. He will tell you about how travel training can help you with using transport in Peterborough.

[Find out more on the Local Offer](#)






Would you like to
receive travel
training?

Watch this video
from Travis.



TRAVEL TRAINING

- Travel training happens once a week on the same day, at the same time.
- You can keep a travel training diary about how you feel, anything you find difficult, tips to help you remember the route, etc.
- Once you are ready, you will do parts of the route on your own until you can do the whole route independently.
- Travel training is completed at a pace that suits you!



CLEVERTOUCH

Your Independence




This is what you told us:

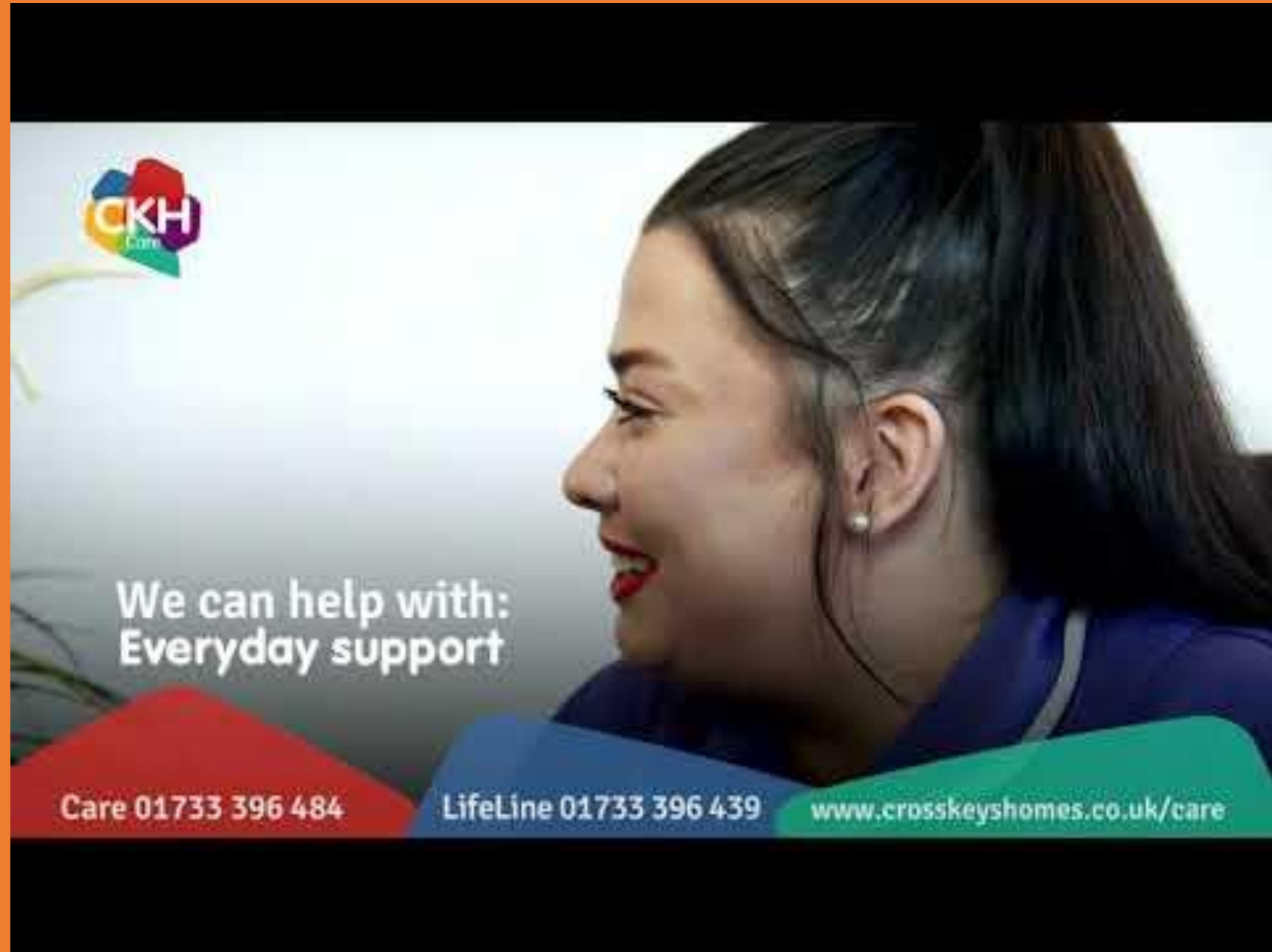
**40% said you had talked to someone about
where you would like to live when you are
older**

So let's learn about how technology could help you
live more independently when you are older...

[Find out more on the Local Offer](#)



Watch this
video and tell
us if you would
like to be
involved in a
video that
includes more
young adults?



Peterborough SMART Flat



What is a SMART Flat?

It is a new flat that is designed with the latest technology that can help you live more independently.

You can now visit one in Peterborough that displays equipment and gadgets such as:

- medication reminders
- alarm systems
- voice activated bed sensors
- property exit sensors
- Lifeline personal alarm system
- And many more

Try looking on the Local Offer to find out where it is and how you can book a visit.



CHALLENGE

Book a visit to the SMART flat

To book your visit call Peterborough City Council on 01733 747474 (option Adult Social Care) or email: adultsocialcare@peterborough.gov.uk giving your name, address and phone details.



Where is it?

Kingfisher Court, Peterborough, PE2 8NZ

You wanted to know about Independent Living options in Peterborough

This guide will help you think about important changes that could happen as you get older such as finding a place to live. You can read the guide [here](#).

CHALLENGE

Read page 14 of the 'Preparing for adult life' guide and then let us know:

- 1. How useful did you find the information?**
- 2. Is there anything else you would like to know about living independently?**



**Preparing for adult life
A guide for young people**



This PowerPoint is in response to feedback young adults gave us at our December 2019 event. (COVID-19 has meant we have not been able to hold our events in 2020)

Your Future

How can a supported internship help you to get a job?

This is what you told us:

97% said you would like to get a paid job in the future

39% said you knew about supported internships

This is great!

[Find out more on the Local Offer](#)





Let's hear from
Paralympic athlete,
Rachel Morris who
gives some great
advice on finding
your future job.



Supported Internships

Did you know that 50% of young adults who are on a supported internship at Peterborough Colleges go on to get a paid job?

If you want to learn more about supported internships you can watch this video.





Let's hear from Alex
and her
mum who talk about
their experience of a
supported internship
programme.



Recap

You have learnt:

1. How to use the Local Offer website
2. About the importance of your annual health check
3. How travel training can help you to get out and about in your community
4. How technology can help you live more independently
5. How a supported internship can help you get a job



Remember to
answer the
questions on
the online form



Click above

Next steps

bringing it into the classroom
the power of zoom/teams
positives of COVID!

Any questions?

Thank you for listening

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