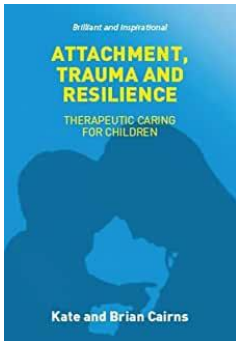
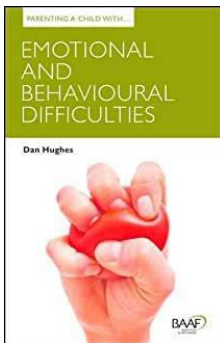


Suggested Reading for Parents and Carers



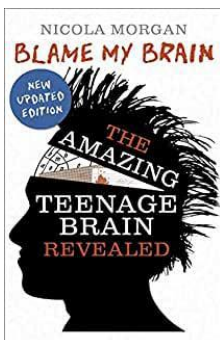
Attachment, Trauma and Resilience Kate and Brian Cairns



Parenting a Child with Emotional and Behavioural Difficulties Dan Hughes



Ten top tips for Managing Contact Henrietta Bond



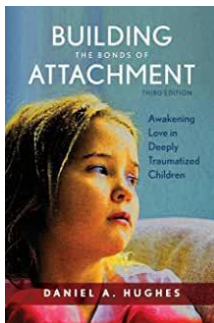
Blame my Brain: The Amazing Teenage Brain Revealed Nicolas Morgan



A guide to Attachment

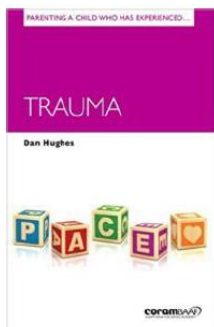
John Timpson

(Available from <https://www.timpson.co.uk/timpson-books/attachment-books.html>)



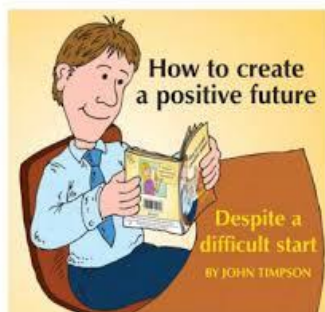
Building the Bonds of Attachment: Awakening Love in Deeply Traumatized Children

Dan Hughes



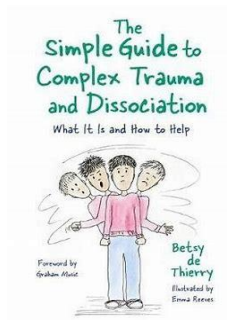
Parenting a Child who has Experienced Trauma

Dan Hughes

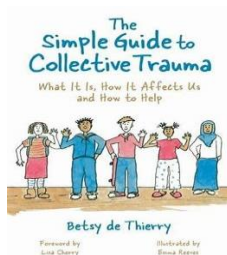


How to create a positive future despite a difficult start

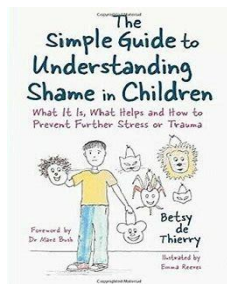
John Timpson



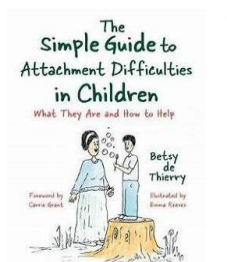
The Simple Guide to Complex Trauma and Dissociation
Betsy de Thierry



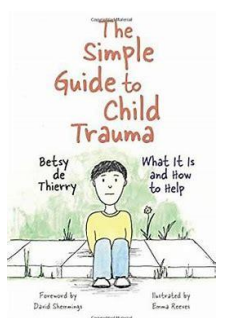
The Simple Guide to Collective Trauma
Betsy de Thierry



The Simple Guide to Understanding Shame in Children
Betsy de Thierry



The Simple Guide to Attachment Difficulties in Children
Betsy de Thierry



The Simple Guide to Child Trauma
Betsy de Thierry