

Student: _____ Date of Birth: _____ Date: _____

Your Name: _____ Relationship: Parent/Carer ☐ Teacher ☐ TA/Support ☐

Directions: The following helps us to build a profile and identify how we can best support the child / young person. Please circle the response (**N**ever, **R**arely **S**ometimes, **O**ften or **A**lways) that best describes the extent that you think these have an impact for the child / young person at this time.

	Never	Rarely	Sometimes	Often	Always
1. Feels that 'no one understands them'	N	R	S	O	A
2. Feels pressure from others to attend school / rushed to return	N	R	S	O	A
3. Appears anxious, on edge, or worried for most of the day	N	R	S	O	A
4. Seeks a lot of reassurance, especially about upcoming events	N	R	S	O	A
5. Appears low / shows a lack of positive emotion	N	R	S	O	A
6. Struggles to do simple tasks they were previously capable of	N	R	S	O	A
7. Worries what others think of them	N	R	S	O	A
8. Is shy, self-conscious and/or easily embarrassed	N	R	S	O	A
9. Lacks confidence in their abilities to achieve well at school	N	R	S	O	A
10. Is fearful of making mistakes in class / avoids work activities	N	R	S	O	A
11. Persistently talks about negative aspects of school	N	R	S	O	A
12. Never says anything good / positive about school	N	R	S	O	A
13. When feeling anxious / frustrated, feels this way for a long time	N	R	S	O	A
14. Gets stuck in negative thought patterns / continues to talk about the same thing	N	R	S	O	A
15. Has limited shared interests with peers	N	R	S	O	A
16. Does not attend clubs with peers (inside or outside of school)	N	R	S	O	A
17. Feels a sense of loss (e.g. due to bereavement, parental separation / divorce)	N	R	S	O	A
18. Feels unstable with their home / school life	N	R	S	O	A
19. Is not always certain which house they are staying at each night	N	R	S	O	A
20. Does not know who will be at home	N	R	S	O	A
21. Worries about their parents / carers when away from them	N	R	S	O	A
22. Thinks that something bad might happen to their family	N	R	S	O	A
23. Has a need to be around parents / carers to feel calm	N	R	S	O	A
24. Demands a lot of attention from adults	N	R	S	O	A
25. Feels jealous of their brother / sister	N	R	S	O	A
26. Often fights / argues with their brother / sister	N	R	S	O	A
27. Does not feel comfortable leaving the house	N	R	S	O	A
28. Only feels calm when at home	N	R	S	O	A
29. When at home in the day, is always entertained (e.g. plays computer games)	N	R	S	O	A
30. When at home in the day, spends most of their time with family	N	R	S	O	A
31. Is viewed as an 'anxious' child / young person by others	N	R	S	O	A
32. Is not encouraged to do anything which may lead to any anxiety	N	R	S	O	A

	Never	Rarely	Sometimes	Often	Always
33. Has lost a connection to a teacher or friend	N	R	S	O	A
34. Lacks confidence being in current classroom/s	N	R	S	O	A
35. Is behind age-related expectations within areas of their learning	N	R	S	O	A
36. Struggles to keep pace with the set work in class	N	R	S	O	A
37. Dislikes going out of class for additional support	N	R	S	O	A
38. Often feels frustrated by learning tasks	N	R	S	O	A
39. Often falls out with / is bullied by peers	N	R	S	O	A
40. Lacks close friendships in school	N	R	S	O	A
41. Dislikes particular teachers / staff in school	N	R	S	O	A
42. Struggles to talk with teachers / staff when has a difficulty	N	R	S	O	A
43. Is anxious / fearful over particular parts of the school day (e.g. break time, specific	N	R	S	O	A
44. Struggles during transition points in school (e.g. arriving, lesson change over)	N	R	S	O	A
45. Feels overwhelmed by the noise / busyness in the classroom	N	R	S	O	A
46. Does not have a place in school where they feel safe	N	R	S	O	A
47. Feels that they will get into trouble for not attending school	N	R	S	O	A
48. Thinks their teachers think badly of them / judge them for not attending school	N	R	S	O	A

What Is Their Current Rate Of Attendance?

Top 3 Most Difficult Parts Of The Day (e.g. Specific Anxieties, Times Of The Day Or Places They Feel Overwhelmed And Try To Avoid)

- 1.
- 2.
- 3.

Have They Experienced Any Adverse Childhood Experiences And/Or Traumatic Events (Recent Or Historical)?

Have They Experienced Any Transitions Recently (e.g. New School, Returning After A Long Break, Moved House)?

Is There A History Of School Avoidance Within The Family?