

Making Physical Education Safe



Clear instructions and explanations

Accurate demonstrations



Visual guidance



Pointing out risks



Remind about procedures, routines & preparation

Notices, signs & barriers where risks exist



Some Ways to inform:

Some ways to prevent:



Protective equipment



Wear correct kit and footwear



Putting policy and procedures into practice



Anticipating what might happen



Checking and maintaining equipment

Consistent application of rules

What do you say you do?
Do you do what you say you do?

Teaching safely through...

Informing

about hazards and risks

Teaching safely through...

PIE

Preventing

injury through good organisation

Educating

students about recognising risk and how to work safely

Some ways to educate:

Sufficient space to work



How to warm up and cool down



Teach good techniques, skills and progressions



Develop observation and analysis skills



How to use equipment and facilities safely



Giving students responsibility for safety

