

APPENDIX 9

SWIM ENGLAND, SAFE SUPERVISION FOR TEACHING AND COACHING SWIMMING (2017) RECOMMENDATIONS

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| <u>DESIGN</u> | <p><i>The suitability of the general design of the pool area for teaching and coaching includes:</i></p> <ul style="list-style-type: none"> • <i>shape and blind spots including those resulting from the position of equipment,</i> • <i>special water features such as sprays, inlets and wave machines,</i> • <i>glare, reflection, lighting and noise.</i> |
| <u>DEPTH</u> | <p><i>Its importance in relation to the ability and height of the pupils include:</i></p> <ul style="list-style-type: none"> • <i>the depth and extent of shallow water areas,</i> • <i>the extent of deep water areas, the pool floor profile, in particular sudden changes in depth,</i> • <i>the possibility of being able to segregate the shallow water area (e.g. roping off and using a boom).</i> |
| <u>WATER QUALITY</u> | <p><i>Two factors need to be considered:</i></p> <ul style="list-style-type: none"> • <i>the temperature of the pool water (and the air) in respect of comfort - bearing in mind pupils' size, age and physical ability,</i> • <i>clarity of the pool water.</i> |
| <u>POOL ORGANISATION</u> | <p><i>The arrangements of the lesson must be considered:</i></p> <ul style="list-style-type: none"> • <i>who has the responsibility for the pool?</i> • <i>is there exclusivity of use or is there shared use with other activities?</i> • <i>if use is shared what are the implications? (e.g. lifeguarding responsibilities),</i> • <i>Nature of activities,</i> • <i>Access/admission arrangements.</i> |
| <u>STAFFING</u> | <p><i>The skills and experience of staff and the ratios of pupils to teachers/coaches are important therefore consideration needs to be given to:</i></p> <ul style="list-style-type: none"> • <i>the qualification and number of teachers, coaches and lifeguards required,</i> • <i>the skill of teachers, coaches and lifeguards,</i> • <i>the degree of support and help provided by appropriate helpers, including parents, school assistants and auxiliaries.</i> |
| <u>Pupils and ability</u> | <p><i>The factors to be considered include:</i></p> <ul style="list-style-type: none"> • <i>the age of pupils,</i> • <i>the range of swimming ability. This should be known by the teacher or coach and each new pupil should be checked at the first lesson, in shallow water,</i> • <i>the ability of pupils to comprehend instructions including their command of the language in which the lesson is taught,</i> • <i>Medical/additional needs.</i> |