

Other Resources

- Spotlight On FASD A podcast on Anchor
- The Hidden Disability - The Movie - YouTube
- (43) FASD Makes Me, Me - YouTube
- National FASD - YouTube page
- YouTube Channel - Me & My FASD
- FASDHub Scotland - YouTube
- Lee Harvey-Heath - Personal Reflections, What Teachers, Educators and Others Should Know About FASD - YouTube
- How I found success despite foetal alcohol spectrum disorder - BBC News
- Virtual School Podcasts

[Learn - Aspire - Thrive - Achieve | Podcast on Spotify](#)

[Learn - Aspire - Thrive - Achieve on Apple Podcasts](#)

[Learn - Aspire - Thrive - Achieve : Cambridgeshire Virtual School: Amazon.co.uk: Audible Books & Originals](#)

Recommended Reading

- Foetal Alcohol Spectrum Disorder: Parenting a child with an invisible disability by Julia Brown and Dr Mary Mather
- FASD Trying differently rather than harder by Diane Malbin
- It's Ok to be you by Kenny Lajoy
- Layla's Life, My Words by Shushma Jain
- Hugs with teens with FASD a book of encouragement by Judy Torralba
- Explained by brain the FASD workbook for parents, carers and educators by Dr Vanessa Spiller
- FASD school Organiser for care givers
- FASD Preferred Language Guide by The Seashell Trust

FASD Reading List and Useful Websites/Resources

Website Links

- Home - Learn about FASD - Me & My FASD
- FASD Hub | Home | Adoption UK Charity
- Factsheets - FASD | Adoption UK Charity
- Home - National FASD
- Person-centred Thinking Tools | HSA | Consultancy | Training (helensandersonassociates.co.uk)
- FASD UK Alliance – United Together for Social Change (fasd-uk.net)

Resources for the Child/Young Person, Parents and Educators

- 2020_fasd-info-for-parents-carers-271119.pdf (nhsaaa.net)
- fasd_whateducatorsneedtoknow.pdf (nhsaaa.net)
- FASDSA - Supporting a FASD Child in School
- Educators - National FASD
- My Brain, Me and FASD Interactive Comic - Me & My FASD
- Games and Activities - Me & My FASD
- Coping Resources - Me & My FASD

FASD Guidance , Research and Training

- Info-Sheet-100-FASD.pdf (cycj.org.uk)
- sign156.pdf
- Overview | Fetal alcohol spectrum disorder | Quality standards | NICE
- TimelsNow_PrelimEasyAccess (dkhelf8ak01yp.cloudfront.net)
- Fetal alcohol spectrum disorder: health needs assessment - GOV.UK (www.gov.uk)
- Online Fasd Events | Eventbrite
- Supporting Children & Young People with FASD for Professionals - The Seashell Trust
- Cambridgeshire Virtual School deliver FASD training and offer bespoke FASD training to education settings - to enquiry email - clarehawking@cambridgeshire.gov.uk

Local Support Group

Peterborough / Little Miracles Family FASD Support Group – FASD UK Alliance (fasd-uk.net)

Email: fieldofenterprise@gmail.com

Telephone: Brian & Maureen Roberts 01354 669086

Facebook: Closed Facebook page Peterborough Family FASD support group

