

## EDUCATIONAL PSYCHOLOGY SERVICE

# ELSA Training Course & Supervision 2023-4

Course	Dates	Times	Cost
Emotional Literacy Support Assistants (ELSA) Training	<b>Training Dates</b> 19 <sup>th</sup> October 2023 2 <sup>nd</sup> November 2023 23 <sup>rd</sup> November 2023 14 <sup>th</sup> December 2023 11 <sup>th</sup> January 2024  <b>Supervision Dates</b> 8 <sup>th</sup> February 2024 7 <sup>th</sup> March 2024 23 <sup>rd</sup> May 2024 27 <sup>th</sup> June 2024	9.30am – 4.00pm           1.00pm – 3.00pm	£750 per delegate (for full course and four 2-hour supervision sessions).
Emotional Literacy Support Assistants (ELSA) Supervision	Groups will run from October 2023 – June 2024	1.00pm – 3.00pm	£350 for ongoing group supervision to maintain accreditation (six 2-hour sessions).

For more information, and to access the booking link, please contact  
[ingrid.tregoin@peterborough.gov.uk](mailto:ingrid.tregoin@peterborough.gov.uk)

## Emotional Literacy Support Assistant (ELSA) Training

October 2023 – January 2024 (see dates below), 09:30am to 16:00pm



This course will provide training from Educational Psychologists for Teaching Assistants to become certified Emotional Literacy Support Assistants.

*This course is delivered by the Educational Psychology Service based on published evidence-based approaches.*

### What is an ELSA?

Emotional Literacy Support Assistants are Teaching Assistants (TAs) who have been trained by Educational Psychologists to have a robust understanding of social, emotional and mental health (SEMH) needs. They are able to plan and implement evidence-based individual and group interventions in schools.

### How can an ELSA help your school?

- Demonstrates how your school is prioritising social, emotional and mental health needs.
- Improves outcomes for children and young people from disadvantaged groups.
- Makes effective use of pupil premium funding (other streams of funding may also be used).
- ELSAs can meet the challenge of creating and facilitating interventions for SEMH needs which support the holistic development of children and young people.

### Course Content

- Emotional Literacy including managing difficult emotions, self-esteem and resilience
- Active listening, reflective and communication skills
- Social skills and friendships
- Writing therapeutic and social stories
- Loss and bereavement

### Course Structure and Cost

- £750 per ELSA which covers training, materials, and supervision sessions:
- 5 whole days of training spaced over two terms from Educational Psychologists:  
**19 October, 2 November, 23 November, 14 December 2023, 11 January 2024**
- 4 2-hour supervision sessions:  
**8 February, 7 March, 23 May, 27 June 2024**
- Provision of problem-solving time to support casework and develop good practice
- Support in the form of psychological supervision from an Educational Psychologist

### Venue

- Conference Room, Sand Martin House, Bittern Way, Peterborough PE2 8AP

### How to book your place

Contact: [ingrid.tregoin@peterborough.gov.uk](mailto:ingrid.tregoin@peterborough.gov.uk) for bookings and queries.

# EDUCATIONAL PSYCHOLOGY SERVICE

## Emotional Literacy Support Assistant (ELSA) Ongoing Supervision



**6 Sessions scheduled between October 2023 - June 2024**

**1:00pm -3:00pm**

This is group supervision which provides ongoing support and updated training from Educational Psychologists for Teaching Assistants to maintain their existing certified Emotional Literacy Support Assistant accreditation.

*The supervision is delivered by the Educational Psychology Service based on published evidence-based approaches.*

### Who can attend this supervision?

This supervision is open to all ELSAs who have completed the five-day ELSA course. It continues to be available to those whose supervision lapsed last academic year and who wish to resume their accreditation status. The ELSA approaches can be used without this accreditation, but the ELSA title cannot be used without ongoing supervision.

### Supervision structure and cost

- 6 x 2-hourly group supervision sessions over the academic year from October - June
- Sessions run from 1:00pm - 3:00pm
- Provision of problem-solving time to support casework
- Provision for good practice development
- Support in the form of psychological supervision from an Educational Psychologist

### Venue

- Conference Room, Sand Martin House, Bittern Way, Peterborough PE2 8AP

### Cost

- £350 per ELSA to cover the 6 x 2-hour supervision sessions over the academic year

### Why commit to keeping the ELSA accreditation?

- ELSAs will access ongoing psychological support and updated training for a role in school which involves complex issues related to children
- Builds capacity in schools to prevent and manage social, emotional and mental health needs
- Accreditation status will benefit school development in relation to the mental health agenda
- Psychological support for ELSAs may reduce the need to gain direct psychological work with children

### How to book your place

Bookings or queries can be made by contacting: [ingrid.tregoing@peterborough.gov.uk](mailto:ingrid.tregoing@peterborough.gov.uk).