





Course Brochure 2024-2025 Cambridgeshire Physical Education Advisory Service

Professional Support for PE and Outdoor Learning Primary & Special Schools

The Physical Education Advisory Service runs a comprehensive programme of workshops, training courses and activities for schools and settings. The Service can also provide cutting edge consultancy and advice to schools ranging from policy and curriculum planning, to the safe practice and the planning and management of school swimming.

We remain the first port of call for all issues and aspects related to curriculum Physical Education for schools in Cambridgeshire















Cambridgeshire PE Advisory Service

Professional Support for Physical Education and School Sport

The Cambridgeshire PE Advisory Service is a high quality provider of support and training for schools and teachers in this vital area of the curriculum.

- School based training for whole departments, schools and clusters of schools
- Extensive links with NGBs and National Stakeholders
- PG Tips The innovative 'Practical Guides for teachers in Primary Schools' series
- Accredited courses for Primary School PE Specialists. The Physical Education Hub is a recognised Professional Learning Centre for the AfPE/Sportsleaders L5 & L6 PE qualifications.
- The Physical Education Health & Safety Check Package - This is a bespoke support package where schools are supported by an adviser in auditing, and planning Priorities for development in PE & School Sport







Contact Details:

Ian Roberts - Physical Education and School Sport Adviser

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847

Justine Spencer - Business Support Officer justine.spencer@cambridgeshire.gov.uk
Tel: 01480 376257 Fax: 01480 376258

Further information about The PE Service











Bespoke Physical Education and school sport qualifications for primary school teachers developed by the Association for Physical Education and Sports Leaders UK.

- Level 5 PE Specialism Award
- Level 6 PE Leadership Certificate





Course Overview

These are DfE / OFQUAL recognised qualifications that were developed to enable primary school teachers to improve and lead the Physical Education curriculum within their schools. These qualifications are acknowledged by OFSTED as an effective use of the PE premium funding and are a recognised part of the Government's ambition to have a PE specialist in every primary school.





Aims of Course

The aim of this qualification is to upskill primary school teachers to enable them to lead on the delivery of the primary school physical education curriculum. This course is designed for teachers who are currently leading physical education in their schools or aspiring to do so. Level 5 must be completed prior to starting Level 6. N.B. You need to have qualified teacher status (QTS) to undertake the Level 6 award.

The Swim-England Teacher of Primary School Swimming Award will be integrated into the course



Important Information

Venue

Sunley House, Summers Hill Drive, Papworth Everard PE23 3RG. Please advise if you have any access requirements.

How much Contact time is there?

L5 – 6 contact days L6 – 8 contact days

How much does it cost?

CCC Schools & Academies L5 - £1200 L6 - £1450 (inc Swim England Teachers' Award)

Who should attend?

This course is ideal for Physical Education Co-ordinators, and all teachers of primary school PE. It is also ideal for HLTAs, TA's and sports coaches employed in schools

Contact Details:

Ian Roberts - Adviser for Physical Education and Sports

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847

Justine Spencer - Business Support Officer justine.spencer@cambridgeshire.gov.uk
Tel: 01480 376257 Fax: 01480 376258

To book visit https://www.cambslearntogether.co.uk/services-to-schools/pe/physical-education-courses-and-workshops/







AfPE / Sportsleaders UK Level 5 Certificate in Primary School PE Specialism AfPE / Sportsleaders UK Level 6 Award in Primary School PE Subject Leadership

Course Plan

The Physical Education Hub intends following the framework provided by AfPE / Sportsleaders UK.

Assessment

Each delegate will be expected to maintain a best evidence portfolio, where each learning outcome & assessment criteria will be cross referenced with evidence. Each teacher will be expected to use the SLF200 pro-forma as a reference document, but wherever possible evidence must be presented as part of the portfolio.

The delivery team will supporting the delegates in the maintenance of the best evidence portfolio. They will also visit the delegate in their school setting, and will observe the delegate delivering a Physical Education lesson. This observation will be part of the best evidence portfolio.

The course will be monitored by an internal verifier. They will be overseeing the assessment protocols in place for 30% of the candidates. This will predominantly involve a combination of Observations, Interviews with delegates and the Best Evidence portfolio.

Course Delivery

The majority of the course will be taught by Ian Roberts

It is common for us to work with high quality associates from school settings, and there will be times where some aspects of the course may be led by such tutors. This has previously been in Dance and Gymnastics. Strengths within the cohort of delegate will be monitored, and where applicable delegates may be encouraged to lead or co-deliver sessions. This may well be where colleagues clearly claim the right for Accreditation of Prior Learning. This could be an opportunity to differentiate learning and collect evidence of learning outcomes being met.

Session Number	Activity A	Activity B	Activity C	Activity D	Date
1	Importance of PE	EYFS/KS1 Development Milestones	NCPE – content and progression	Attitudes towards PE	04.03.25
2	Developing an engaging curriculum	Understanding range and content	Teaching gym and develop core stability	KS1/2 – progression through gymnastics	23.04.25
3	Developing hand-eye coordination through net/wall games	Teaching strategies leading to outstanding teaching & learning	Teacher observation – peer teaching	Striking & fielding games	21.05.25
4	Effective teaching: 'Good or better' Planning a lesson	Assessment for learning and pupil progression	Strategies for differentiation in athletics	Exemplifying assessment opportunities	25.06.25
5	Health and Safety (including water safety)	Planning and programming units of work	Outdoor and adventurous activity	Delegate assessment tasks	24.09.25
6	Swim England Teacher of Primary School Swimming Award				22.10.25
Level 6 Only					
7	Making judgements about standards of pupils' achievement in PE		Evaluating teaching and learning and setting targets for improvement		26.11.25
8	Leading sustainable improvement including vision. Leading and managing staff including those external to the organisation. Health & Physical Activity – theory and practice		Advocacy		21.01.26





Developing an inspirational PE curriculum for the 21st century

22nd October 2024 – 1.30pm-3.30pm

Course Overview

One of the challenges of any school is to ensure that the curriculum that the children encounter is engaging and meaningful. What is the purpose of a physical education curriculum with which you are familiar? Does the curriculum provide meaningful and inspiring learning experiences for all children and young people? To what extent are all children and young people challenged and supported to achieve their full potential in physical education? This workshop will support schools in reviewing their PE offer, and developing a curriculum that focuses on what the children need.



Aims of Course

The goals of the workshop are for participants to:

- Consider how the physical education curriculum can be built to help equip all children and young people with the necessary knowledge, skills and values to lead active lifestyles.
- Consider the importance of providing authentic, meaningful and high quality learning experiences in physical education through a broad and balanced curriculum offer, where all children and young people are supported and challenged to achieve their full potential.
- Plan a physical education curriculum that is child-centred and focuses primarily on developing learning, rather than on teaching the activity content.

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambridgeshire Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Contact Details:

lan Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Making Sense of Assessment in Physical Education 6th March 2025 – 1.30pm – 3.30pm

Course Overview

This course is in place to help teachers understand and share good practice for the assessment of children's progress in PE and how this can be used to inform teaching and learning.



Aims of Course

The goals of the workshop are for participants to:

- Review the intent of the NCPE
- Relate assessment for learning practices to student learning in Physical Education
- Examine assessment strategies and materials, and consider criteria, Identify opportunities to access ongoing support and resources

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Contact Details:

lan Roberts – Specialist Adviser $\,$ - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Outdoor Adventurous Activities Bringing Adventure to PE

To Be Advised – 9.30pm - 4pm

Course Overview

This workshop is designed to give teachers and teaching assistants creative ideas for how to deliver OAA sessions in a fun and safe environment for Key Stage 1 and Key Stage 2 pupils. The workshop will provide new ideas for how to run OAA activities that develop a range of skills such as communication, co-operation and teamwork



Aims of Course

By the end of the workshop delegates will:-

- Understand how to deliver OAA in line with the new curriculum
- Gain ideas to deliver OAA within the school setting
- Feel more confident and better equipped to deliver OAA

Important Information

Venue:

To be advised

How much does it cost?

Cambridgeshire Maintained Schools £140
Academies & Non-Cambridgeshire
Maintained Schools £162

Who should attend?

This course is for all teachers who wish to learn more about how teaching and learning can be enhanced though LOTC and OAA.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

Contact Details:

lan Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







PE for Primary ECTs & Inexperienced Teachers

1st May 2025 – 9.30am – 4pm

Course Overview

This course is for ECTs, RQTs and those teachers who have not taught PE for a while in the primary phase who want to develop their understanding of the National Curriculum of Physical Education, health and safety implications and how to deliver high quality PE



Aims of Course

This course will:

- Look at good practice for the delivery of High Quality PE in Key Stages 1 and 2
- It will offer guidance about teaching and learning, assessment and some innovative materials for ensuring lessons are inclusive
- There will also be guidance on safe practice in this setting.
- A significant part of the workshop will be practical, addressing differentiation and high quality PE through games

Important Information

Venue:

Papworth Village Hall, Ermine Street, Papworth Everard CB23 3RD

How much does it cost?

All other Cambridgeshire Maintained Schools £140

All Academies & Non-Cambridgeshire Maintained Schools £162

Who should attend?

This course is for ECTs, RQTs and those teachers returning to the profession in the primary phase who want to develop their understanding of the National Curriculum of Physical Education, health and safety implications and how to deliver high quality PE. EYFS, KS1 & KS2.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

Contact Details:

lan Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Physical Activity in EYFS and KS1 Every Child a Mover

Spring 2025 – 9.30am – 4.30pm

Course Overview

This course is ideal for anyone working in an early years setting and KS1.

The largely practical course is especially suited to those who would like to learn more about the importance of physical activity in the early years and how to engage young children in more physically active and semi-structured play.



Aim of Course:

By the end of this course, participants will:

- understand the importance of physical activity in the early years
- learn about the physical activity and sedentary guidelines for early years
- adapt their delivery to plan and cater for the needs, interests and developmental stage within groups of children they care for.

Important Information

Venue:

To be confirmed

How much does it cost?

£140 for Cambridgeshire Maintained Schools

£162 for Academies & Non-Cambridgeshire Maintained Schools

Who should attend?

This workshop is aimed at any teacher, coach or assistant in Key stage 1 and 2.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

Contact Details:

lan Roberts - Physical Education and School Sport Adviser

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Physically Active Learning in Mathematics & English



14th October 2024 - 9.30am-4pm

Course Overview

We know that increased physical activity and a reduction in sedentary time have wide-ranging health benefits. But, what if:

- there was evidence demonstrating that movement in the learning process improves educational outcomes in Maths and English?
- we could map out ways to support teachers in adapting their practice to make this a reality.

What it isn't:

Running around the classroom

What it is:

A learning sequence that directly or indirectly incorporates an appropriate type of physical activity to enhance the learner's development. It's as much about learning as it is about movement!

Research has found that Move & Learn approaches can:

- improve classroom behaviour and engagement in core and foundation subjects
- significantly reduce sedentary periods of time
- offer aggregated improvement in academic performance

Aims of Course

Participants will:

- know new ways to engage all children even the most reluctant learners
- understand how to integrate Move & Learn approaches into teaching and learning across their school
- explore approaches, resources and strategies for organically integrating physical activity within the classroom environment and beyond

Bryn Llewellyn will share the latest global research and provide teachers with the means and motivation to identify opportunities to integrate movement purposefully into the teaching and learning process.



Important Information

Venue: Papworth Village Hall, Ermine Street, Papworth Everard, CB23 3RD

How much does it cost?

£145 each, £99 additional teachers from same school (cost will be amended after booking)

Who should attend?

This course is any teacher in Primary schools seeking innovative approaches to finding learning beyond the classroom walls

Deliverer

Bryn Llewellyn - Bryn worked in various UK schools for over 20 years as a teacher and school leader. In 2013, he founded Tagtiv8.

Bryn is an advisor to the BBC and the Premier League on their education content.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Pressing Issues with Swimming & Water Safety 29th April 2025– 1.30pm - 3.30pm

Workshop Overview



Aims of Workshop

The goals of the workshop are for participants to:

•

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is for any teacher, coach or assistant in the primary phase.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk,

Telephone 01480 379077, Mobile 0797 9532847







Primary Physical Education Subject Leader Network Meeting

19th November 2024 and/or 18th March 2025

1.30pm - 3.30pm

Course Overview

These two workshops will enable PE Curriculum leaders to be up-to-date with the most recent changes in all aspects of PE and school sport, and enable colleagues to consider strategies to be advocates for the subject. Ideally PE coordinators would attend both sessions because content will not be the same.



Aims of Course

- to reflect on the current quality of teaching and learning in their school
- to review Ofsted criteria for High Quality teaching in PE and analyse lessons
- to understand the strengths in teaching and identify areas for improvement
- to develop their leadership and management of PE and SS with clear goals and actions identified

Important Information

Venue:

By zoom. The zoom link for each event will be forwarded nearer the date.

How much does it cost per event?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

Primary phase PE coordinators

Delegates are advised that you can attend either one or both of the events as the topics will be different for each event.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847

Justine Spencer - Business Support Officer <u>justine.spencer@cambridgeshire.gov.uk</u>
Tel: 01480 376257 Fax: 01480 376258

To book visit https://cambridge.council.bookingbug.com/home/w2499204







Safe Practice in Physical Education

27th February 2025 – 1.30pm – 3.30pm

Course Overview

This course is in place to help teachers understand and share good practice for ensuring that PE and School Sport is safe.



Aims of Course

By the end of this workshop, delegates will:

- know how to access the relevant national and local guidance provided by their local authority for all areas of PF
- know what should be included in a schools PE policy in relation to safe practice
- know how to risk assess particular activities and teaching areas

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is for any teacher, coach or assistant in the primary, special and secondary phase.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Supporting Physical Education for TAs & Adults Supporting Learning

10th March 2025 – 1.30pm – 3.30pm

Course Overview

This course will give colleagues an opportunity to appreciate the content of the Primary PE National Curriculum and what this means in terms of how and what children should be taught.



Aims of Course

- Delegates will explore what high quality PE lessons look
- Delegates will gain an overview and understanding of the Ofsted criteria for good and outstanding teaching

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This workshop is aimed at adults other than teachers who support learners in PE lessons. For example TAs, HLTAs, coaches, instructors and apprentices.

Contact Details:

Ian Roberts - Specialist Adviser - PE & School

an.roberts@cambridgeshire.gov.uk

Telephone 01480 379077, Mobile 0797 9532847







Training for New or Inexperienced Physical Education Subject Leaders in Primary Schools

Course Overview

This package of two half-day courses will support teachers in developing confidence and understanding of what is involved in PE subject leadership, and provide opportunities to share practice for the improvement PE in a primary school.



Aims of Course

During these workshops, colleagues will address;

Issues of PE subject leadership Assessment of pupil performance Quality first teaching Whole school connections with PE

Safe Practice in PE PE

Progression in PE and attitudes within PE

Strategies to improve the overall quality and attainment within PE

Important Information

Dates:

12.11.24 and 13.2.25 Delegates can attend one or all of the dates, each date covers a different topic. (Each date must be booked individually)

Time: 1.30pm - 3.30pm

Venue: By zoom. The zoom link will be forwarded nearer each date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

These workshops are aimed at teachers and coaches who have been given responsibility for the leadership of PE in Primary schools and settings

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847

Justine Spencer - Business Support Officer justine.spencer@cambridgeshire.gov.uk
Tel: 01480 376257 Fax: 01480 376258

Pupils' progress and attainment

Accountability and funding





What Does Outstanding Physical Education Look Like In Primary Schools

5th November 2024– 1.30pm - 3.30pm

Workshop Overview

This workshop will enable teachers to share ideas about the differences between good and outstanding teaching of PE, and will provide strategies to take back to schools that will enable the best possible experience of PE for all.



Aims of Workshop

The goals of the workshop are for participants to:

- reflect on current quality for teaching and learning in school
- consider how to take PE lessons from Good to Outstanding, making them highly successful and engaging for all students
- review OFSTED criteria for well taught PE

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is for any teacher, coach or assistant in the primary phase.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk,

Telephone 01480 379077, Mobile 0797 9532847







What Ofsted expects of Physical Education? What Physical Education can expect of Ofsted?

27th January 2025 - 1.30pm - 4.30pm



Course Overview

The 2019 framework from Ofsted is good news for PE and school sport, and their place in a broad and balanced curriculum. It represents a welcome step to recognising the essential role that PE, sport and physical activity play in a good and well-rounded education.



Aims of Course

By the end of the workshop, teachers will gain an understanding of how the new inspection framework will consider PE, School Sport and Physical Activity, and how we can ensure that schools are able to showcase good practice by considering;

- the curriculum offer and the quality of education
- what is meant by a broad and balanced curriculum
- The 3 I's INTENT, IMPLEMENTATION and IMPACT, and what this means for the PE curriculum
- The deep dive and what questions will inspectors ask
- The contribution that PE makes to whole school outcomes, and how we can evidence this.

Important Information

Venue:

Sunley House, Summer's Hill Drive, Papworth Everard CB23 3RG (opposite Papworth Village Hall)

How much does it cost (per event)? £93 for Cambridgeshire Maintained Schools. £111 for Academies & Non-Cambridgeshire Maintained Schools

Who should attend?

PE teachers, subject leaders, SLT for all schools and settings

Deliverer

Ian Roberts – Specialist Adviser for PE & School Sport - Cambs & Peterborough. AfPE Regional Strategic Adviser

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport ian.roberts@cambridgeshire.gov.uk,

Telephone 01480 379077, Mobile 0797 9532847







Two Day Small Pool Operators Course Spring/Summer 2025 9am – 3.15pm

Course Overview

By the end of the course successful candidates will be able to demonstrate an understanding of the design and operation of their own school pool including the circulation, filtration, disinfection, pH correction and heating of pool water. They will know how to maintain water that is in 'balance' and which is safe and pleasant to swim in. Candidates will be able to use correct techniques to test pool water and understand the remedial action required to restore ideal conditions so that their pupils are safe.



Aims of Course

- Legal requirements and obligations for the operation of swimming pools
- Poolside hygiene and cleanliness
- Pool water testing and recording
- Chemical treatment of swimming pool water
- Plant room operation and maintenance

Important Information

Venue:

tbc

How much does it cost?

tbc

Who should attend?

This is a mandatory minimum expectation for all schools that have their own swimming pool. Schools should have in place a nominated person who acts are pool operator/manager.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847







Small Pool Operators Update Seminar (One Day Course)

Spring/Summer 2025 - 9am - 3.15pm

Course Overview

This mandatory update seminar is for all pool carers whose main award is 3 years old or more. To ensure all pool carers have current and valid knowledge concerning the operation of a small swimming pool. **Delegates must bring their own pool water testing kit.**



Aims of Course

- This mandatory update seminar is for all Pool Carers whose main award is 3 years old or more.
- to ensure all pool carers have current and valid knowledge concerning the operation of a small swimming pool

Important Information

Venue:

tbc

How much does it cost?

tbc

Who should attend?

This is a mandatory minimum expectation for all schools that have their own swimming pool. Schools should have in place a nominated person who acts are pool operator/manager.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport

ian.roberts@cambridgeshire.gov.uk, Telephone 01480 379077, Mobile 0797 9532847

