## Our Promise to Children and Young People in Care

This promise was written by your Children in Care Council and Children's Services to make sure you are getting the right services and support.



We will work to keep you safe and help you to keep yourself safe.



We will do everything we can to make you feel cared about, valued and respected as an individual.



We will be honest with you and explain if we are unable to do something we said we would do. We will not make unrealistic promises to you.



We will involve you in decision making so your views are listened to, and will explain when we make a decision you may not like or agree with.



We will work to keep you in a supportive and caring environment where you feel safe and happy.



We will support you to maintain a healthy lifestyle and help look after your physical and mental health.



We will help you see your family, friends and other people who are important to you. If there are people we can't support you to see, we will explain why.



We will support you to achieve your goals and reach your potential, in your education, hobbies and interests.



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We will work with you to give you all the help and support you need to make a success of moving on from care to adult life.



We will make sure you have the up-to-date information you need, including who is working with you and how to give us your views

/ or ask us for help.





To give us feedback on how well Children's Services are keeping these promises, contact the Participation Team:

participation@cambridgeshire.gov.uk



