



**Cambridgeshire
Physical Education
Advisory Service**

Cambridgeshire Physical Education Advisory Service

Course Brochure 2025-2026

Professional Support for PE and Outdoor Learning

The Physical Education Advisory Service runs a comprehensive programme of workshops, training courses and activities for schools and settings. The Service can also provide cutting edge consultancy and advice to schools ranging from policy and curriculum planning, to the safe practice and the planning and management of school swimming.

We remain the first port of call for all issues and aspects related to curriculum Physical Education for schools in Cambridgeshire

Ian J. Roberts
Lead Adviser - Physical Education and School Sport

 Cambridgeshire
County Council



The Cambridgeshire PE Advisory Service is a high quality provider of support and training for schools and teachers in this vital area of the curriculum.

- School based training for whole departments, schools and clusters of schools
- Extensive links with NGBs and National Stakeholders
- PG Tips - The innovative 'Practical Guides for teachers in Primary Schools' series
- Accredited courses for Primary School PE Specialists.
- The Physical Education Health & Safety Check Package - This is a bespoke support package where schools are supported by an adviser in auditing, and planning Priorities for development in PE & School Sport

Cambridgeshire PE Advisory Service

Professional support
for PE & School Sport



New Developments for 2026/27

Primary School Gymnastics - Covering the Basics

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This workshop is an essential course for ECTs and inexperienced primary school teachers & HLTAs who teach PE. From understanding the basics to mastering fundamental skills, this course helps eliminate fears, covers effective preparations, progressions, and more.

Inspiring leadership in PE programme

A series of online primary PE workshops to support subject leaders to develop high quality PE, School Sport and Physical Activity in their school.

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Teachers can book one, some or the whole suite of workshops

1. Leading & Managing Primary PE
2. Assessing and Monitoring Primary PE
3. Inclusive PE
4. Developing your role as PE subject leader
5. Recognising high quality PE and supporting colleagues
6. Advocating for PE and School Sport

The Cambridgeshire Physical Education Hub

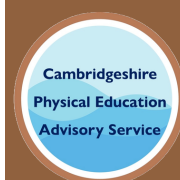
If you're a PE teacher and want to connect with others in the county in order to raise the profile of PE, the termly-held Cambridgeshire PE Hub is for you!

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Exploring the New National Curriculum for PE

This workshop focuses on strengthening teachers' confidence and competence to deliver high-quality, statutory PE, and will cover curriculum mapping, inclusive practice and assessment, in line with the National Curriculum review of 2027

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Date	Course Title
29/09/2026	Finding your Feet - support for new or inexperienced Physical Education subject leaders in primary schools
Various in Oct 26	Primary School Gymnastics - Covering the Basics
Monthly from Oct 26 onwards	Inspiring leadership in PE programme
15/10/2026	Making sense of assessment in Physical Education
Termly throughout year	The Cambridgeshire Physical Education Hub (Network)
03/11/2026	Supporting Physical Education for TAs and adults supporting learning
05/11/2026	Physical Education for ECTs and inexperienced teachers
13/01/2027	Developing an inspirational PE curriculum for the 21st century
21/01/2027	Safe practice in Physical Education
04/02/2027	Inclusive PE
11/02/2027	What does outstanding Physical Education look like in primary schools?
09/03/2027	Exploring the New National Curriculum for PE
spring 2027	Primary School Gymnastics - Large Equipment - Getting the Wall bars out
spring 2027	Small pool operators certificate
spring 2027	Pool Operators update
Spring 2027	Trampolining Teachers Refresher
Spring 2027	Strength and Conditioning for Teachers - Movement not muscles



Finding your Feet

Training for new & inexperienced Primary School PE subject leaders

29/09/26 & 19/01/27 - 1.30pm - 3.30pm

Course Overview

This package of two half-day courses will support teachers in developing confidence and understanding of what is involved in PE subject leadership, and provide opportunities to share practice for the improvement of PE in a primary school.



Aims of Course

The goals of the workshop are for participants to:

- discuss and share Issues of PE subject leadership and Strategies to improve the overall quality and attainment within PE

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire LA schools

£54 Cambridgeshire Academies & Non-Cambs Schools

(both booked together – **£99 / £110**)

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Primary School Gymnastics Covering the Basics

Various - 9.30pm - 11.30pm

Course Overview

This workshop is an essential course for ECTs and inexperienced primary school teachers & HLTAs who teach PE.

From understanding the basics to mastering fundamental skills, this course helps eliminate fears, covers effective preparations, progressions, and more.



Aims of Course

The goals of the workshop are for participants to:

- build the confidence and skills needed to lead safe, engaging gymnastics lessons.
- Understand how to teach basic rotations such as rolling and cartwheels

Important Info

Venue:

Thorndown, St Ives
05/10/26

Cromwell CC,
Chatteris 08/10/26

Duxford PS
12/10/26

Times

9.30am - 11.30am

Cost

Free

Cambridgeshire LA
schools

£10

Cambridgeshire
Academies
& Non-Cambs
Schools

Who should attend?

This workshop is an essential course for ECTs and inexperienced primary school teachers & HLTAs who teach PE.

Inspiring leadership in PE programme

07/10/26, 02/12/26, 27/01/27, 24/02/27, 31/03/27, 05/05/27
1.30pm - 3.30pm

Course Overview

A series of online primary PE workshops to support subject leaders to develop high quality PE, School Sport and Physical Activity in their school.



Subject leaders can choose a standalone workshop or a series of workshops to support them, wherever they are on their leadership journey.

Workshops range from supporting new subject leaders who want to learn more about the role through to more experienced leaders who may want to finely tune different aspects of teaching, learning or assessment.

07/10/26 - Leading & Managing Primary PE

02/12/26 - Assessing and Monitoring Primary PE

27/01/27 - Inclusive PE

24/02/27 - Developing your role as PE subject leader

31/03/27 - Recognising high quality PE and supporting colleagues

05/05/27 - Advocating for PE and School Sport

Important Info

Venue:

This course will be hosted via Teams.

Cost

£54 Cambridgeshire LA schools

£60 Cambridgeshire Academies & Non-Cambs Schools

All six booked 'en bloc'

£270 LA

£300 Non-LA

Who should attend?

This course is ideal for Primary, and Special School teachers who lead Physical Education.

Making sense of assessment in Physical Education

15 October 2026 - 1.30pm - 3.30pm

Course Overview

This course is in place to help teachers understand and share good practice for the assessment of children's progress in PE and how this can be used to inform teaching and learning.



Aims of Course

The goals of the workshop are for participants to:

- review the intent of the NCPE • relate assessment for learning practices to student learning in Physical Education
- examine assessment strategies and materials, and consider criteria, identify opportunities to access ongoing support and resources

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire
LA schools

£54 Cambridgeshire
Academies
& Non-Cambs
Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

The Cambridgeshire Physical Education Hub

21/10/26, 09/02/27, 27/05/27 - 1.30pm - 3.30pm

Course Overview

If you're a PE teacher and want to connect with others in the county in order to raise the profile of PE, the termly-held **Cambridgeshire PE Hub** is for you!



Aims of Course

The goals of the PE hub are for participants to:

To celebrate and support

- Schools that are confident and successful deliverers of PE and School Sport
- Schools who are inspired by the opportunities and power of PE and School Sport

Important Info

Venue:

This will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

Free to all schools and settings in Cambs

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Supporting Physical Education for TAs and adults supporting learning

24 November 2026 - 1.30pm - 3.30pm

Course Overview

This course will give colleagues an opportunity to appreciate the content of the Primary PE National Curriculum and what this means in terms of how and what children should be taught.



Aims of Course

The goals of the workshop are for participants to:

- Understand how Physical Education can impact on pupils' social and emotional wellbeing
- explore what high quality PE lessons look like
- discuss issues such as class management, health and safety and skill development

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire LA schools

£54 Cambridgeshire Academies & Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Physical Education for ECTs and inexperienced teachers

05 November 2026- 9.30pm - 3.30pm

Course Overview

This course is for NQTs and those teachers who have not taught PE for a while in the primary phase who want to develop their understanding of the PE Curriculum, health and safety implications and how to deliver high quality PE



Aims of Course

The goals of the workshop are for participants to:

- Look at good practice for the delivery of high quality PE in KS1 and KS2
- gain better understanding of teaching and learning, assessment and inclusion in PE
- A significant part of the workshop will be practical, addressing differentiation and high quality PE through games

Important Info

Venue:

Papworth Village Hall

Date

5/11/26

Cost

£140 Cambridgeshire
LA schools

£162 Cambridgeshire
Academies
& Non-Cambs
Schools

Who should attend?

This course is for ECTs, and those teachers returning to the profession in the primary phase who want to deliver high quality PE. EYFS, KS1 & KS2.

Developing an inspirational PE curriculum for the 21st century

13 January 2027 - 1.30pm - 3.30pm

Course Overview

This workshop will support schools in reviewing their PE offer, and developing a curriculum that focuses on what the children need



Aims of Course

The goals of the workshop are for participants to:

- Consider how the physical education curriculum can be built to help equip all children and young people with the necessary knowledge, skills and values to lead active lifestyles.
- Consider the importance of providing authentic, meaningful and high quality learning experiences in physical education through a broad and balanced curriculum offer,
- Plan a physical education curriculum that is child-centred

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire LA schools

£54 Cambridgeshire Academies & Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Safe Practice in Physical Education

21 January 27 - 1.30pm - 3.30pm

Course Overview

This course is in place to help teachers understand and share good practice for ensuring that PE and School Sport is safe.



Aims of Course

The goals of the workshop are for participants to:

- know how to access the relevant national and local guidance provided by their local authority for all areas of PE
- know what should be included in a schools PE policy in relation to safe practice
- know how to risk assess particular activities and teaching areas

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire LA schools

£54 Cambridgeshire Academies & Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Inclusive PE

Do some children matter more than others?

- 9.30pm - 12.30pm

Course Overview

This practical workshop will be an opportunity to expand your knowledge of inclusive PE practices through shared ideas, strategies and practical demonstrations.



Aims of Course

The goals of the workshop are for participants to:

- Understand Barriers and the Categories of Need: Identifying why some young people struggle to engage in PE.
- use Adaptation Tools: Learning to modify activities using the Activity Inclusion spectrum Model
- Gain practical Strategies: Gaining hands-on ideas to adapt games and activities to suit various needs.

Important Info

Venue:

Papworth Village
Hall

Cost

£93

Cambridgeshire LA
schools

£111

Cambridgeshire
Academies
& Non-Cambs
Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

What does outstanding Physical Education look like in primary schools?

11 February 2027 - 1.30pm - 3.30pm

Course Overview

This workshop will enable teachers to share ideas about the differences between good and outstanding teaching of PE and will provide strategies to take back to schools that will enable the best possible experience of PE for all



Aims of Course

The goals of the workshop are for participants to:

- Reflect on current quality for teaching and learning in school
- Consider how to take PE lessons from Good to Outstanding, making them highly successful and engaging for all students
- Review OFSTED criteria for well taught PE

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire LA schools

£54 Cambridgeshire Academies & Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Exploring the New National Curriculum for PE

9 March 2027 - 1.30pm - 3.30pm

Course Overview

This workshop focuses on strengthening teachers' confidence and competence to deliver high-quality, statutory PE, and will cover curriculum mapping, inclusive practice and assessment



Aims of Course

The goals of the workshop are for participants to:

- Reflect on the purpose of study for PE, emphasising its physical, social, cognitive and emotional benefits
- Reconsider the aims of PE so that they are clearer and more coherent at each key stage.
- consider a concise, scaffolded approach to the attainment targets and how to embed assessment to improve learning

Important Info

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

Cost

£60 Cambridgeshire LA schools

£54 Cambridgeshire Academies & Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Swimming Pool Operators update

Spring & Summer 2027 - one day course

Course Overview

This mandatory update seminar is for all Pool Carers whose main award is 3 years old or more. • to ensure all pool carers have current and valid knowledge concerning the operation of a small swimming pool



Aims of Course

The goals of the workshop are for participants to:

- be able to demonstrate an understanding of the design and operation of their own school pool .
- know how to maintain water that is in 'balance' and which is safe and pleasant to swim in.
- be able to use correct techniques to test pool water and understand the remedial action required to restore ideal conditions so that their pupils are safe

Important Info

Venue:

tbc

Cost

£180

Who should attend?

This is a mandatory minimum expectation for all schools that have their own swimming pool. Schools should have in place a nominated person who acts as pool operator/manager.

Small Pool Operators Course

Spring & Summer 2027 - two day course

Course Overview

By the end of the course successful candidates will be able to demonstrate an understanding of the design and operation of their own school pool. They will know how to maintain water that is in 'balance'. Candidates will be able to use correct techniques to test pool water and understand the remedial action required to restore ideal conditions



Aims of Course

The goals of the workshop are for participants to:

- Legal requirements and obligations for the operation of swimming pools
- Poolside hygiene and cleanliness
- Pool water testing and recording
- Chemical treatment of swimming pool water
- Plant room operation and maintenance

Important Info

Venue:

tbc

Cost

£180

Who should attend?

This is a mandatory minimum expectation for all schools that have their own swimming pool. Schools should have in place a nominated person who acts as pool operator/manager.

Primary School Gymnastics

Large Equipment - Getting the Wall bars out

tbc - 1.30pm - 3.30pm

Course Overview

This workshop is an essential course for ECTs and inexperienced primary school teachers & HLTAs who teach PE.

This workshop is designed specifically for those schools lacking confidence in using and teaching curriculum Gymnastics with large apparatus (e.g. wall-bars).



Aims of Course

The goals of the workshop are for participants to:

- moving, handling and using large apparatus in school
- Understand how make the best use of your environment such as space, positioning of apparatus etc.

Important Info

Venue:

tbc

Cost

Free

Cambridgeshire LA schools

£10

Cambridgeshire Academies & Non-Cambs Schools

Who should attend?

This workshop is an essential course for ECTs and inexperienced primary school teachers & HLTAs who teach PE.