**Sensory investigation**

**WHAT is the purpose of the activity?**

* + Are you using the activity to calm an over-responsive child?
	+ Are you using the activity to increase input to an under-responsive or sensory seeking child?

**Touch:**

|  |  |  |
| --- | --- | --- |
| Image result for threading beads"Threading beads | Image result for therapy putty"Play dough or therapy putty | Image result for sand pour"Pouring sand |
| Image result for stretchy fiddle toy"Stretchy fiddle toys | Image result for hand squeezes"Stress ball or squishie | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\1F7891B.tmpCrazy foam or foaming soap |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\ACB09CE1.tmpPlay foam  | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\F6D055D3.tmpWater beads  | Image result for fur sensoryFur fabric  |
| Image result for tactile sensorySpiky balls or tactile discs | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\EB9B50B5.tmpFidget cube  | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\AA5710AD.tmpFinger painting  |

**Smell:**

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| --- | --- | --- |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\EADAC8A2.tmpSmelling citrus fruits | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\1C121100.tmpSmelling herbs and flowers | Image result for smell mintC:\WINDOWS\IE\TempInt\sf629\Content.MSO\FB7FA7B7.tmpSmelling mint |

**Taste:**

|  |  |  |
| --- | --- | --- |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\149D297.tmpChew toy  | Image result for licking lemons"Licking citrus fruit | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\8ACE1DD.tmpBiting ice |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\1EBDECF3.tmpEating sour sweets | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\36CA2679.tmpEating crunchy foods: breadstick, carrot, cereal | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\1AD847EF.tmpChewing gum |

**Hearing:**

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| --- | --- | --- |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\E9449EF1.tmpBanging drums | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\133CEF27.tmpShaking bells  | http://t0.gstatic.com/images?q=tbn%3AANd9GcTinmZe058gQxjIGRs8Y0oXrmGgCKVtwLm4wxPoSQT6SnQRKufrjKT7wfja9c7c5Sv5LYhU0eiF&usqp=CAcRinging bells  |
| http://t0.gstatic.com/images?q=tbn%3AANd9GcQH5lVW8IMi3MuH-1H17kMW88oHeusc9TiSksHzjFw7vk7Hogde1g12_YUfWkd_aOllIBYLIGw&usqp=CAcTipping rain stick  | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\10597363.tmpWearing ear defenders | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\13462669.tmpInstrumental music  |

**Vision:**

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| --- | --- | --- |
| Image result for flashing sensory toyFlashing spinning toys | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\3D5312A8.tmpGlitter wands | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\31E5F674.tmpDark den  |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\E1F3D6D1.tmpPainting or colouring  | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\6B005E0A.tmpLight up balls | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\836516F6.tmpCalming bubble tubes |

**Proprioception:**

|  |  |  |
| --- | --- | --- |
| Image result for aerobic ball squashing"Aerobic ball squash | Image result for hand squeeze"Hand squeezes | Image result for head squeeze"Head squeezes |
| Image result for deep pressure shoulder"Shoulder press | Image result for chair push kids"Chair push up | Image result for wall push"Wall pushes |
| C:\WINDOWS\IE\TempInt\sf629\Content.MSO\17642CF5.tmpWeighted blanker | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\33824F9F.tmpBlowing bubbles | Image result for resistance bands childResistance band stretches |

**Vestibular:**

|  |  |  |
| --- | --- | --- |
| Image result for trampette"Jumping on trampoline | Image result for spinning chairSpinning on a chair | Image result for log rollLog rolls  |
| Image result for spinning childSpin and stop  | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\3E57ECD7.tmpScooter boards | C:\WINDOWS\IE\TempInt\sf629\Content.MSO\E14A03FD.tmpBouncing on aerobic ball |
| Image result for child rocking chairRocking chair | Image result for jumping over ropeJumping over a rope | Image result for ball over headBall passing over and under |
| Image result for sensory stepping stonesObstacle course: stepping stones | Image result for child wheelbarrowWheelbarrow  | Image result for hanging upside down from chairHanging upside down |