Sensory Differences and Preferences

**Sensory Differences and Preferences**

To fully understand a child’s sensory needs and to safely implement effective strategies to optimise a child’s learning and health outcomes, a comprehensive sensory assessment and report should be completed by an appropriately trained health professional e.g. an Occupational Therapist.

If a sensory assessment has been carried out by a trained health professional, please refer to this when filling out the table below.

**Child’s name**:

|  |  |
| --- | --- |
| Tactile (Touch) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

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| --- | --- |
| Visual (Sight) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

|  |  |
| --- | --- |
| Auditory (Sound) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

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| Gustatory (Taste) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

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| Olfactory (Smell) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

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| Vestibular (Balance) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

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| --- | --- |
| Proprioceptive (Body Awareness) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |

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| --- | --- |
| Interoception (Internal Sensations) | |
| **Hypo sensitivities:** |  |
| **Strategies:** |  |
| **Hyper sensitivities:** |  |
| **Strategies:** |  |