

Work with school-aged children? Increase your understanding of eating disorders with

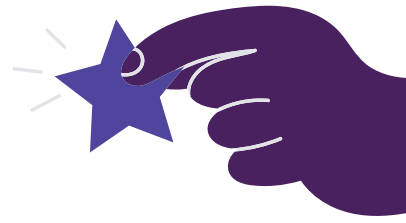
SCHOOL PROFESSIONALS ONLINE TRAINING (SPOT)

Beat
Eating disorders

WE'RE BEAT, THE UK'S EATING DISORDER CHARITY.

When someone has an eating disorder, the impact goes beyond just that person. But that person can get better, especially when they – and the people around them – have the right tools.

That's why we've developed **School Professionals Online Training (SPOT)**: to give school professionals the support they need to recognise an eating disorder, so staff are equipped to spot the early signs, and give pupils they're worried about support to get better.



ABOUT YOU

As a school professional, you're one of the best placed people in a young person's life to spot the early signs of an eating disorder. With **SPOT**, you'll feel empowered to make a positive difference in the lives of young people struggling with eating disorders.

ABOUT SPOT

SPOT is an E-learning platform designed give those who work with school-aged children the support they need to recognise an eating disorder, make an early referral to treatment and support pupils with eating disorders in their recovery journeys.

We know that those working in schools are often pressed for time, so we've made **SPOT** as accessible as possible with:

- A range of e-Learning modules, with a certificate available of completion to show your learning.
- Opportunities to ask questions to clinicians and those with lived experience.
- Downloadable resources and lesson plans written by experts that you can use in PSHE lessons (available in English and Welsh).
- Along with other school professionals, you'll be able to post questions on community forums to share knowledge and experiences with peers.
- Interactive learning webinars delivered by our expert eating disorder clinicians.

SCAN ME FOR



MORE INFO

WHAT NEXT?

Head to beateatingdisorders.org.uk/SPOT to learn more about SPOT or scan the QR code to sign up.

England:

0808 801 0677

help@beateatingdisorders.org.uk

Northern Ireland:

0808 801 0434

NIhelp@beateatingdisorders.org.uk

Scotland:

0808 801 0432

Scotlandhelp@beateatingdisorders.org.uk

Wales:

0808 801 0433

Waleshelp@beateatingdisorders.org.uk

