

# Cambridgeshire Situational Mutism Framework:

November 2023

What should I do if I (or my child's school) think my child may have situational mutism?

Discuss your concerns with your child's school/setting, involving the SENCo. Where concerns about situational mutism are shared, check the school are aware of this pathway, and then...

Stage 1  
Response

Parents and school/setting access online universal training, and implement advice for 6 weeks <https://vimeo.com/641208457/deafc4a032>

Stage 2  
Response

**Has there been satisfactory progress?** (improved social interactions and continuing verbal and non-verbal progress in a range of locations and with a range of people)

**YES**

SENCo review termly

**NO**

SENCo, teacher & parents to plan and implement a 'small steps' intervention based on these videos:

**Local 1 hour talk:** <https://vimeo.com/683714697/29799a2845>

**Additional videos and notes on how to carry out a small steps plan:**

<https://www.kentctf.nhs.uk/childrens-therapies-the-pod/speech-and-language-therapy/selective-mutism/>

Stage 3  
Response

**Has there been satisfactory progress?** (are targets set through small steps programme gradually being met?)

**YES**

Family and SENCo continue to review targets 6 weekly

**NO**

SENCo to request SEND consultation for problem solving around next steps, through: [SEND Online calendar booking \(bookingbug.com\)](#)

If you have additional concerns about **neurodevelopmental difficulties**:

For **primary school age** children in **Cambridgeshire**, go to:

<https://bit.ly/commpaeds-howtorefer>

For **secondary school age** children in **Cambridgeshire** go to:

[bit.ly/camh-neurodev-referrals](https://bit.ly/camh-neurodev-referrals)

(referrals must be made by a professional)

If you have additional concerns about **anxiety and/or any other mental health need**, go to:

[www.cpft.nhs.uk/younited](http://www.cpft.nhs.uk/younited)

(referrals must be made by a professional)

If you have additional concerns about **speech & language development**, go to:

[bit.ly/sltcambs-howtorefer](https://bit.ly/sltcambs-howtorefer)