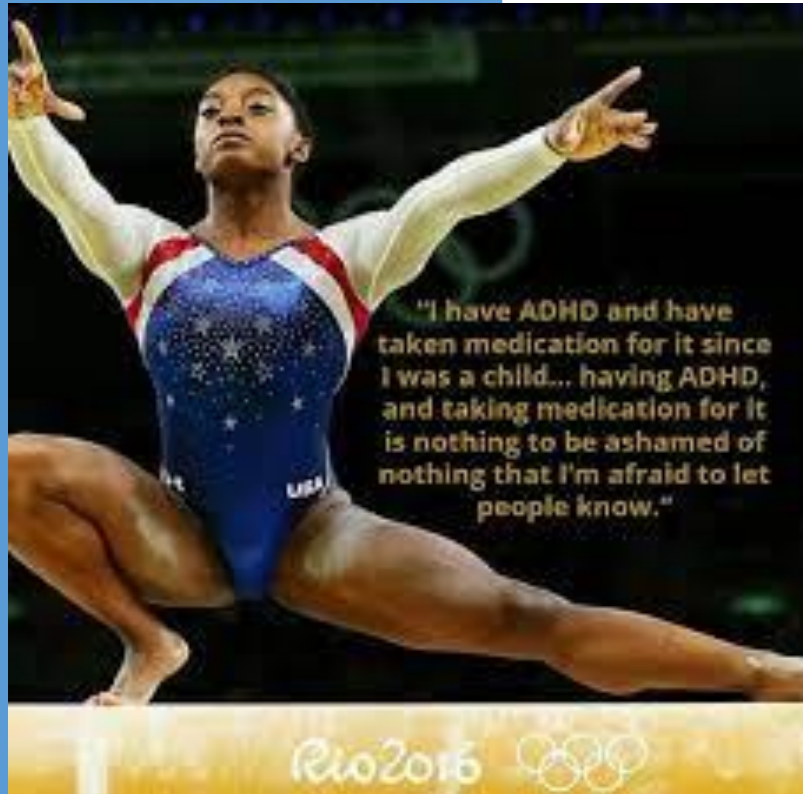


Neurodivergent and disabled
role models for children and
young people

Simone Biles

Olympic Gymnast



- ❑ Has ADHD
- ❑ Placed in foster care as a young child and was subsequently adopted by her grandparents
- ❑ Has won 7 Olympic medals, 4 of which are Gold
- ❑ Holds the World Record for six world all-round titles at the Artistic Gymnastics World Championship
- ❑ Famously withdrew from events at the Tokyo Olympics due to 'the Twisties' and subsequently took a two year break from gymnastics to focus on her mental health
- ❑ Youngest ever recipient of Presidential Medal of Freedom award for her advocacy work for athletes' mental health and foster care children.

‘I’m not the next Usain Bolt or Michael Phelps – I’m the first Simone Biles’

Jamie Oliver

Chef



- ❑ Has ADHD and Dyslexia
- ❑ Left school with two GCSEs in art and geology
- ❑ Opened a restaurant that trained young adults from disadvantaged backgrounds
- ❑ Initiated the 'feed me better' campaign to improve school meals and was voted 'The Most Inspiring Political Figure' of 2005 for this campaign
- ❑ Is the best-selling British non-fiction author since records began
- ❑ Appeared on the Sunday Times list of richest Britons under 30
- ❑ Has an MBE for services to the hospitality industry

'I've always been passionate since leaving school about different types of intelligence and everyone has the ability to be brilliant'

Sir Richard Branson

Entrepreneur



- ☐ Has ADHD and Dyslexia
- ☐ On his last day of school his headteacher told him he'd either end up in prison or would become a millionaire
- ☐ Is worth approximately \$2.5 billion
- ☐ Was placed on Time's most 100 Influential People in the World list
- ☐ Was knighted for services to entrepreneurship
- ☐ Travelled to space on board a test flight for his space flight company Virgin Galactic at the age of 70
- ☐ Holds the world record for the fastest Atlantic Ocean crossing by ship

'It's time we lost the stigma around Dyslexia. It is not a disadvantage: it is merely a different way of thinking'

Eminem (Marshall Mathers)

Rapper and Actor



- ☐ Has Autism
- ☐ Is one of the best-selling music artists of all time
- ☐ Was placed in Rolling Stones' list of the 100 Greatest Artists Of All Time
- ☐ Has won 15 Grammy Awards
- ☐ Won an Oscar for best original song for Lose Yourself in 8 Mile
- ☐ Is worth approximately \$250 million
- ☐ Is in the Rock and Roll Hall of Fame
- ☐ Owns his own record label

‘There is no mountain I can’t climb. There’s no tower too high. No plane that I can’t learn how to fly’

Billie Eilish

Singer and Songwriter



- ☐ Has Tourettes
- ☐ Has won 7 Grammy Awards
- ☐ Holds the World Record for the youngest person to win a Grammy, Oscar and Golden Globe for the James Bond track 'No Time to Die'
- ☐ Holds the World Record for most consecutive Grammy nomination for record of the year
- ☐ Is a political activist for climate change and gender equality

'I've always done whatever I want and been exactly who I am'

Ellie Goldstein

Model and Author



- ☐ Has Down's Syndrome
- ☐ First British Vogue cover star with Down's Syndrome
- ☐ Has appeared on the covers of Glamour magazine, Elle, Mission Mag and Euphoria Mag
- ☐ Has modelled on campaigns for Nike, Superdrug and Vodafone
- ☐ Worked on the Barbie campaign to launch the first Barbie Doll with Down's Syndrome
- ☐ Has written and published a book about her life: Against All Odds

‘You can achieve anything you want to. Let’s go smash it and be yourself’

Greta Thunberg

Environmental Activist

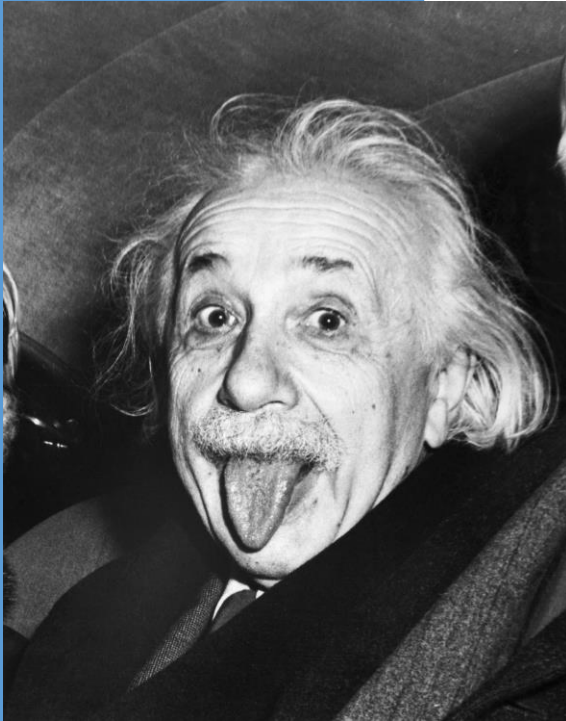


- ❑ Has autism, OCD and selective mutism
- ❑ Addressed the United Nations Climate Change Conference at the age of 15
- ❑ Started a movement, that went Worldwide, which involved students striking to get their governments to comply with the Paris Climate Agreement
- ❑ Sailed from Plymouth to New York on a carbon-free yacht to attend the 2016 United Nations Climate Action Summit
- ❑ Was included in Time Magazines list of the 100 most influential people
- ❑ Has been nominated for the Nobel Peace Prize multiple times

‘I have learned you are never too small to make a difference’

Albert Einstein

Scientist



- ☐ Neurodivergence was not researched during Einstein's lifetime, but modern specialists suggest he had autism, ADHD and dyslexia
- ☐ Widely thought of as one of the greatest scientists of all time
- ☐ Won a Nobel Prize for physics in 1921
- ☐ His formula $E = mc^2$, which came from one of his theories, is known as the 'World's Most Famous Equation'
- ☐ His achievements have made the word 'Einstein' broadly mean 'genius'
- ☐ His Theory of Relativity fundamentally changed our understanding of the universe.

'I have no special talents – I am only passionately curious'