SEND SERVICES GUIDES

Working Memory



WORKING MEMORY - what do I look out for in the classroom?

Name:

DOB:

Date:

Behaviour	Observed in child yes/no
A child who is making poor academic progress, particularly in maths, reading and writing	
A child who is reserved in groups and rarely volunteers answers	
A child who has difficulties following instructions and remembering messages	
A child who tends to lose track of complex tasks and may even eventually abandon	
A child who has problems with activities that combine storage and processing	
A child who has a short attention span and is highly distractible	
A child who has place-keeping difficulties	
A child who has poor self-esteem	

SEND SERVICES GUIDES

CLASSROOM SUPPORT FOR CHILDREN WITH WORKING MEMORY PROBLEMS



WHEN PLANNING AND DELIVERING LESSONS REMEMBER TO	ACT	FION
Reduce working memory loads by reducing the overall amount of material to be remembered	 Make new information concepts meaningful/familiar (teach from the known to the unknown) Simplify linguistic structures Break down multi-step tasks into separate steps Encourage the use of memory aids (see below) 	
Look for warning signs and acknowledge working memory difficulties	 Talk to the child Ask what they are doing and what they are to do next 	
Regularly repeat instructions and information	Repeat general instructionsRepeat task-specific instructions	
Beware of concurrent processing tasks particularly attention in Literacy and Numeracy lessons	 Avoid asking the child to carry out extra processing as this may cause overload 	
Develop child's meta-cognition by explicitly teaching strategies (for age 8 and older)	 Use verbal rehearsal to remember important information Use memory aids (see below) Provide an ethos of 'Asking for help is not being weak' Focus on solutions, not problems Use: Grouping Chunking 	
	Mnemonics Visualisation	Colour coding Chaining
Encourage the use of memory aids. Be aware that pupils may initially have difficulty so need to be taught how to master the aids	 Use: Number lines Numicon Teacher notes Personalised dictionaries Task breakdown sheets 	Unifix blocks Dictaphones Talking Tins/postcards Wallcharts Mind-mapping
When planning evaluates the working demands of activities and lessons	 reduce the amount of information that a child must remember and break it down into simple steps Don't ask a child to copy from the board 	
Monitor and observe the child carefully	 Look for signs of Forgetting Difficulty following instructions Task abandonment 	

Useful References and Links

Understanding Working Memory – A Classroom Guide, a free booklet published by Susan Gathercole & Tracy Alloway

Working Memory: A Practical Guide for Teachers, a book published by Susan Gathercole & Tracy Alloway