SEND SERVICES GUIDES

Expanded Rehearsal Technique (ERT)



- ERT is an evidence-based intervention aimed at improving children's phonics skills and word reading fluency. It starts with the building blocks of word reading – phonics and progresses to whole words.
- Developed in Cambridgeshire, it has been successfully used with children from Key Stage 1 to Key Stage 3 (although not designed for use with Reception/Year 1).
- ERT is an individualised programme tailored to children's needs and requires an investment of 2 daily sessions, lasting approximately 10 minutes each.

What does ERT Teach?

- Initial sounds (single-letter graphemes)
- Complex phonemes (multiple-letter graphemes)

(e.g., Shapiro & Solity, 2008; Vousden, 2008)

First 100 high-frequency words (HFW)

McNally & Murray (1964) found the first 100 HFW accounts for approximately 50% of words encountered in written texts, this has been confirmed by other researchers

Quotes from pupils

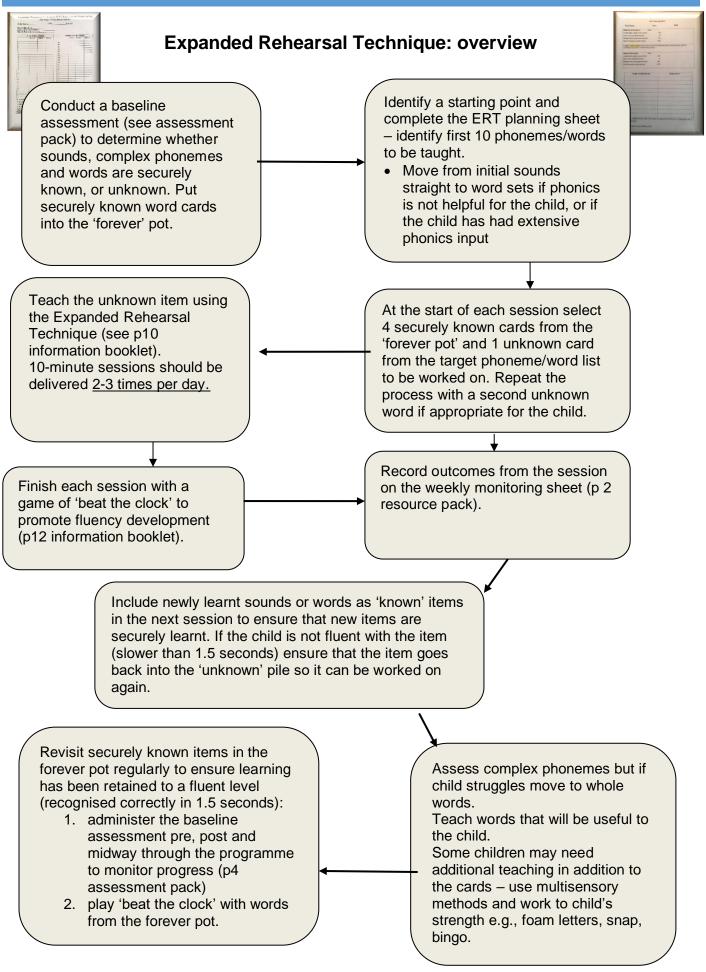
'I like doing ERT because it helps me read more. When I don't know a word, I know I'll be able to learn it because I've done it before, so I don't give up so easily.' Year 5 pupil with dyslexia and language difficulties.

'I have got loads of forever words in my pot now because I don't even forget them over the holidays like I used to. Mrs G had to buy a bigger pot because I have learnt so many. Now I am reading more difficult books and I can choose from Blue Books.' Year 4 pupil with global delay.

Key stage 1

Phonics screening check

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