

# Flip Task Board

## Why use visual supports?

- Visuals remain when spoken word “disappears”
- Visuals direct and hold attention
- Visuals allow more time to process information
- Visuals can support learning language
- Visuals can support memory
- Help adults slow down their spoken language
- To support understanding
- To be build independence
- To reduce anxiety

## Flip Task Board can:

- Support the child to follow a routine task
- Support a child to develop a new skill
- Help to prevent a child feeling overwhelmed
- Support the child’s independence
- Prompt the child to engage in next action
- Visually accessible as each of the finished images disappear leaving only what is left to do.
- This format prevents the cards getting lost

## Creating a Flip Task Board

- Choose your visuals e.g. real photos or symbols of the task
- In tasks individual to child it may be helpful to the take of the child engaged in each stage of the activity, but try to reduce visual clutter.
- Add a word or short sentence instruction to each card (this supports adults to use the same language each time)
- Print and laminate as in the picture (a) (this can be created on a computer or stuck like this after printing)
- Add velcro to ensure pictures can be flipped down by the child when each action of the task is completed

## How to use a Flip Task Board

1. Present with all parts of the task up (b)
2. Support the child to engage in each action of the task
3. Support to flip down each image as that part is completed (c)
4. Support child to engage in next action
5. Adult to gradually reduce support aiming for independence

**a**



**b**



**c**



## Top Tips

- If using photos preferably plain background, the less cluttered the better
- Keep the board in the same place so child can access independently
- Moving forward a child may be able to access a task board without the need to flip each element down.