

Student:

Risk & Resilience

Profile 2

Date of Birth: _____ Date: ____

Your Name: Relationship: Parent/Carer ☐ Teache	r 🗆	TA/Support □						
Directions : The following helps us to build a profile and identify how we can best support the child / young person. Please circle the response (N ever, R arely S ometimes, O ften or A lways) that best describes the extent that you think these have an impact for the child / young person at this time.								
	Never	Rarely	Sometimes	O ften	Always			
1. Feels that their parents / carers understand what they're going through	Ν	R	S	0	Α			
2. Feels that their teachers / school staff understand what they're going through	Ν	R	S	0	Α			
3. Is motivated to attend school when feeling able to	Ν	R	S	0	Α			
4. Would like to be in school full-time in the future	Ν	R	S	0	Α			
5. Wants to make progress with their learning	Ν	R	S	0	Α			
6. Know what they want to achieve in the future	Ν	R	S	0	Α			
7. There is something that they feel good at	Ν	R	S	0	Α			
8. There are things they can do which they are proud of	Ν	R	S	0	Α			
9. Feels that everything will be alright in the future	Ν	R	S	0	Α			
10. Can recognise and talk about good things that happen in the day	Ν	R	S	0	Α			
11. Has a close friendship in school	Ν	R	S	0	Α			
12. Feels liked by their peers in school	Ν	R	S	0	Α			
13. Feel confident in themselves	Ν	R	S	0	Α			
14. Feels that they are well liked by others	Ν	R	S	0	Α			
15. Are able to talk with others about how they feel	Ν	R	S	0	Α			
16. Are able to successfully calm themselves when feeling anxious	Ν	R	S	0	Α			
17. Has a close relationship with family at home	N	R	S	0	Α			
18. Feels able to open up and talk with family at home	N	R	S	0	Α			
19. Feels safe and secure when at home	Ν	R	S	0	Α			
20. Has a stable and predictable home routine	Ν	R	S	0	Α			
21. Is able to separate from parents / carers	N	R	S	0	Α			
22. Feels comfortable being away from parents / carers	Ν	R	S	0	Α			
23. Family are motivated to support them to attend school	Ν	R	S	0	Α			
24. Family value education and want them to do well with learning	Ν	R	S	0	Α			
25. Family talk positively about school	N	R	S	0	Α			
26. There is good communication between home and school	Ν	R	S	0	Α			
27. Siblings consistently attend school	Ν	R	S	0	Α			
28. Siblings have not experienced Emotionally Based School Avoidance in the past	Ν	R	S	0	Α			
29. Does things outside of school which they enjoy	Ν	R	S	0	Α			
30. Belongs to clubs / attends activities outside of school	N	R	S	0	Α			
31. When not at school, there is a clear routine to the day	Ν	R	S	0	Α			
32. When not at school, educational activities are still completed	Ν	R	S	0	Α			

	Never	Rarely	Sometimes	O ften	Always
33. Has a 'safe space' in school they can go to if feeling anxious	N	R	S	0	Α
34. Feels that school is a safe and predictable place to be	N	R	S	0	Α
35. Gets on well with most teachers	N	R	S	0	Α
36. Feels supported by teachers / staff in school	Ν	R	S	0	Α
37. Feels that teachers / staff care about them	Ν	R	S	0	Α
38. Has a close relationship with at least one member of staff	N	R	S	0	Α
39. Feels a sense of belonging / identity within their class or a club in school	N	R	S	0	Α
40. Feels a sense of belonging / identity within their friendship group in school	N	R	S	0	Α
41. Has a particular strength in something they feel good at in school	Ν	R	S	0	Α
42. Is able to do something they are confident to show to their class	Ν	R	S	0	Α
43. Feel able and confident to ask for help in school	Ν	R	S	0	Α
44. Enjoys receiving additional support (e.g. 1:1 or small group) in school	Ν	R	S	0	Α
45. There are parts of school which they really enjoy / have an interest in	Ν	R	S	0	Α
46. There are things in school which they look forward to	N	R	S	0	Α
47. Feels that teachers / school staff take time to try and understand them	N	R	S	0	Α
48. Views have been integrated into any plans or support	N	R	S	0	Α

Top 3 Best / Easiest Parts Of The Day (e.g. Times When They Seem Calmer / More Confident, Activities They Really Enjoy)

1.

2.

3.

What Has Made The Difference When They Feel More Comfortable / Able To Attend School?

Any Patterns To Increased Attendance Over Time? (e.g. Days Of The Week, Times Of The Year, Before Or After Certain Events / Holidays)

What Strategies Or Approaches Have Been Most Helpful So Far?



