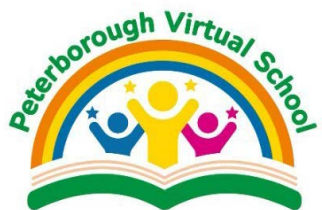


# Relational Practice Training Offer

**Out of City Settings**  
A Whole Setting Approach

# Contents



## Our Vision

Achieving a high-quality aspirational education which meets the holistic needs of the child in a safe environment and relationally driven culture.

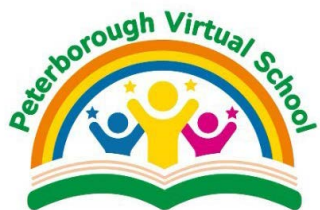
# A relationally driven education sector

Research evidence highlights the crucial influence of attuned relationships for children's healthy growth and development (Bergin and Bergin 2009, Center for the Developing Child, Harvard University 2010). This optimal relational experience should not be isolated to their home context. Children spend just over 50% of their time in education settings and so it follows that a relational approach should permeate their educational experience also.

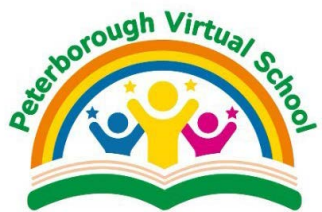


We know attachment-aware/trauma-informed practice supports many of our vulnerable children. We are all acutely aware that we are living in unprecedented times navigating an unpredictable and complex social world. Approximately one in five of our children and young people currently have a probable mental health condition which has increased from one in ten in 2017 (NHS Digital 2022).

At Peterborough Virtual School, we have a vision that all settings will be relationally driven in their ethos, culture, practice and policy. This will impact not only vulnerable children but all children and the adults supporting them; so that well-being is considered for everyone. In this endeavour, we are offering free training opportunities to build and strengthen relational practice in education settings.

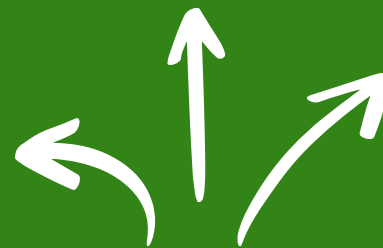
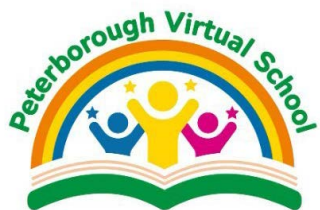


# What is relational practice and what are the associated benefits?



# What courses are in our relational practice offer?

Our courses are progressive and should be followed in order. An overview of the courses is provided below:



**CLICK ME!**



# Relational Practice Offer

Stage of journey	Offer	Commitment from setting	Funding and resources	Timescale
<p><b>1. Awareness</b></p> <p>There is awareness of the importance of attuned relationships for children's safety and healthy development.</p> <p>There is an awareness of how adult relationships can mitigate and repair relational trauma as well as promote positive interactions for all in the educational setting.</p>	<p><b>The Power of Connection: an introduction to relational practice</b> – Online 3 hour training session</p> <p>3 hour pre-recorded video of training for attendees to share with their whole setting</p> <p>2 hour online follow up workshop to share how training has been embedded in setting and the impact on staff</p> <p>Certificate - The power of connection</p> <p>Peterborough Virtual School (PVS) team member support to embed training through Designated Teacher (DT) meetings</p>	<p>Attendance from two setting leads at training session (one must be SLT member)</p> <p>Two setting leads to share video with whole school community and facilitate pre-planned activities</p> <p>Two setting leads to attend follow up meeting</p>	<p>Free training session and follow up workshop</p> <p>Free pre-recorded video of training session to share with staff</p> <p>Free copy of Inside I'm hurting by Louise Bomber</p> <p>Access to the Connected Communities library of relational practice resources located in Peterborough</p>	<p>One term</p>
<p><b>2. Acceptance</b></p> <p>There is acceptance of how biology and interactions influence both adult and child behaviour.</p>	<p><b>Emotion Coaching: Co-regulation through connection</b> - Online full day training (Delivered by an Emotion Coaching UK accredited Practitioner)</p> <p>3 hour online follow up workshop (1) to share Emotion Coaching practice and plan whole setting training</p> <p>2 hour online follow up workshop (2) – to share the impact of the whole setting training</p> <p>Emotion Coaching certificate</p> <p>PVS Team member support to embed training through DT meetings</p>	<p>Attendance of two setting leads (1 SLT) at the Emotion Coaching training</p> <p>Two leads deliver whole setting Emotion Coaching training across 3x 1.5 hour CPD sessions</p> <p>Attendance of two setting leads at both follow up workshops</p>	<p>Free training session and two follow up workshops</p> <p>Free copy of Emotion Coaching with children and young people in schools by Gilbert, Gus and Rose (Emotion Coaching UK)</p> <p>Free powerpoint presentation of Emotion Coaching training to share with staff</p> <p>Access to the Connected Communities library</p>	<p>Two terms</p>

# FAQs

Please see pages 5 and 6 for details of the courses.

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