

Free Webinars for Parents & Carers

Parents & Carers Cyber Choices and Online Safety Events

Please note there are two parts to the parent events, and you will need to register for each independently. This session is suitable for parents/carers of children in Year 5 (age 9) and above. This is an opportunity to learn and ask questions regarding your child's online world.

If you think these events may be of interest to others, please forward this information on to them.
For any questions, please email us at cyberprotectorsou@beds.police.uk.

Parents Event - Pt1 - Introduction to Cyber Choices and Online Risks

This session will introduce you to the [Cyber Choices programme](#) and will provide:

- An overview to parents and carers on what cybercrime is.
- What the risks to young people are.
- How the Cyber Choices programme supports at-risk individuals.
- How you can refer a young person into Cyber Choices.

You will also receive an overview of:

- Some of the potential risks that children and young people may experience online.
- Advice to support parents to make informed decisions and keep their children safer online.

These events are **free**, and you can book your tickets directly via:

Wednesday 11 th March	14:00 – 15:00 - Link
Thursday 7 th May	13:00 – 14:00 - Link
Monday 6 th July	10:00 – 11:00 - Link
Wednesday 23 rd September	16:00 – 17:00 - Link
Tuesday 10 th November	11:00 – 12:00 - Link

Parents Event - Pt2 - Tools and techniques to improve the cyber security of your family

This session will:

- Provide advice on how to improve your personal cyber security.
- Help you to identify and protect your (and your children's) key accounts.
- Identify threats and techniques that cyber criminals may use to target you / your family.
- Highlight the benefits of family accounts.
- Identify parental controls on your router.
- Signposting to useful resources.

Advice and guidance from the session will be in line with the Government's [Stop! Think Fraud](#) and the National Cyber Security Centres [CyberAware](#) campaign.

These events are **free**, and you can book your tickets directly via:

Wednesday 18 th March	10:00 – 11:00 - Link
Thursday 14 th May	13:00 – 14:00 - Link
Monday 13 th July	10:00 – 11:00 - Link
Wednesday 30 th September	16:00 – 17:00 - Link
Tuesday 17 th November	16:00 – 17:00 - Link