



March 5th

10am-12:30pm

INCLUSIVE PE - MAKING PE ACCESSIBLE FOR ALL

Do you find delivering truly inclusive PE lessons a challenge? This practical workshop will be an opportunity to expand your knowledge of inclusive PE practices through shared ideas, strategies and practical demonstrations.

Key Focus Areas of the Workshop:

Understanding Barriers and the Categories of Need: Identifying why some young people struggle to engage in PE.

Adaptation Tools: Learning to modify activities using the Activity Inclusion spectrum Model (Open, Modified, Parallel, Specific).

Practical Strategies: Gaining hands-on ideas to adapt games and activities to suit various needs.

Confidence Building: Empowering staff to deliver high-quality, inclusive sessions

This is a free course, subsidised by the Youth Sports Trust.

Designed and run by
Ian Roberts –
Cambridgeshire PE
Advisor

Ideal for Teachers and
TA's supporting PE in
Primary, Secondary &
SEND provisions.

Martin Bacon
Academy
Stirling Rd,
Northstowe,
Cambridge, CB24 1DH

Booking form - [Inclusive PE Attendance Confirmation – Fill out form](#)

Further Information - Hannah Collins - hcollins@martinbacon.academy

