

The school website is a great place to find out information

Make strong links with the Designated Teacher for Children in Care

Please see our other leaflets for advice on:

Transition

Attendance

Exclusions/Alternative Provision

Special Educational Needs & Disabilities (SEND) including EHCPs

Unaccompanied Asylum Seekers & English as an Additional Language

How to contact us:

virtualschool
@cambridgeshire.gov.uk

01223 699883

[www.cambslearntogether.co.uk/
school-improvement/
cambridgeshires-virtual-school-
for-looked-after-children](http://www.cambslearntogether.co.uk/school-improvement/cambridgeshires-virtual-school-for-looked-after-children)



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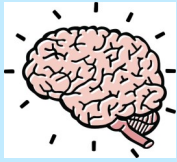
**How to help with
learning**

**Key Stage 3 & 4
Secondary School**

**For Foster Carers &
their Social Workers**



Cambridgeshire Virtual School



Learning

Each young person is unique. Work out their strengths & weaknesses. Find strategies that work for them. Be creative!

Ask school for advice on the reading ability of your young person. If it is below their age, ask for easier texts with age appropriate content. Encourage reading of anything! Talk to them about what they read.

Your young person may have gaps in their learning due to previous life experiences. Ask school for an overview of your young person's needs.

Be aware your Maths methods may not be the ones they're familiar with. Ask school for online resources & see if your young person can teach you!

Online learning opportunities are vast. Youtube have videos to teach just about everything! With appropriate supervision, help your young person search for topics they are covering at school.



School

Most Secondary Schools have an interactive system for communicating homework tasks etc. Make sure you are connected.

If homework proves to be a challenge, ask about homework clubs or other support offered by the school.

Attend all parents evenings & other events so that your young person knows you are in the loop. Your input is really valued by school too.

If the young person has an objective/career in mind, support them by finding out more as early as possible. Ask for them to see a careers advisor.

Be as hands on with what your young person is studying as possible. Ask subject teachers for the relevant Study/Revision Guide. Buy it and read it with your young person. You can learn too!



Social, Emotional & Mental Health (SEMH)

Read up on the teenage brain and puberty. Some behaviours will then make more sense!

Take the time to learn about trauma/loss & how behaviour is a form of communication. This can become heightened during adolescence.

Many of our young people are functioning at a much younger emotional age and may continue to need support. Talk to Social Care about strategies. Find out what school can offer.

Friendships are key at this age and your young person might need help developing these.

Many of our young people struggle with their organisational skills. You could support them by helping them pack their bag with the equipment they need. Have their timetable up on the fridge.