

## Growing Independence: Spending time away from parent/carer



- I can play in same room as my parent coming back when I need help or comfort.
- I can play near my parent venturing away for brief moments.
- I can communicate that I do not want to be left.
- I can communicate that I want a loved one.
- I can communicate by my actions I need help.



### Things to help me grow

- Practicing brief separations if not been to a setting.
- Multiple transition visits, a home visit can also be helpful.
- Transition meeting prior to child starting to understand the child's needs and interests.
- Reading stories about starting school.

### Making things easier

- Photos, videos, and books about a setting before they start.
- Photos and books about family that the child can take into setting.
- Visuals such as photos, symbols, first then boards.
- Taking time to tune into children's communication and responding to it.
- An object from home to ease the transition.

### Helpful Links:

[CCC Transitions Toolkit.](#)

