

Building relationships and communicating: Showing they need help by words or signs

- I become frustrated or distressed if I need help
- communicate needs through my body language.
- I communicate needs through sounds.
- I communicate my needs by guiding an adult.
- I communicate my needs through actions and gestures.



Things to help me grow

- Tuning in and responding to children's body language and gestures as if they were intentionally communicating needs, modelling key signs, words or phrases may help your child learn to use this in context.
- Modelling the sign "help" when a child needs help can help child learn to use – video links below.
- Use opportunities where a child needs help to model signs, words, and phrases naturally, for example, a wind-up toy that the child cannot do independently by enjoys.

Making things easier

- Choosing boards with objects, photos, or symbols for children to communicate needs.

Helpful Links:

