

Building relationships and communicating: Listening and paying attention for short periods of time



- I have favourite songs, books or shows.
- I enjoy and show awareness or anticipation in people games and action songs such as tickles or Row, Row Your Boat.
- I enjoy playing with fun toys with an adult.
- I can join in with action songs and rhymes.
- I can join in simple play routines or turn taking game with an adult, for example, rolling a ball or feeding a doll.



Things to help me grow

- Have a special box of fun toys that can be played with together like bubble blowers, spinning tops or wind-up toys that you make time to play together.
- Make sure activities are within the child's attention span and build on that, do not worry if this is brief to start with.

Making things easier

- Join in with what they enjoy playing with in the way they like to play, adding sounds, words or pauses.
- Give a child choice of activity using two objects or pictures.
- Use books that have interactive elements such as flaps or sounds.
- A first then board can be helpful for some children.

Helpful Links:

Cambridgeshire Community paediatrics
occupational therapy team:
[Attention and Listening Skills.](#)
Getting engaged.

