

## Building relationships and communicating: Listening and following a simple instruction

- I enjoy action songs and rhymes and show awareness and anticipation.
- I can imitate actions.
- I can join in with action songs.
- I notice and respond to sounds I hear, for example, doorbell I can respond to go and stop in play.
- I can follow an adult's familiar instruction when they help with objects, gestures, or pictures.



### Things to help me grow

- Sing action songs and rhymes including ones like old McDonald you can use pictures or toy animals.
- Draw attention to environmental sounds.
- Play ready steady go and go and stop games.
- Give simple instructions when doing day-to-day tasks and in play supported by natural gestures.

### Making things easier

- Use first then board to support routine instructions.
- Use gestures or pictures to support instructions in play or routine.

### Helpful Links:

Cambridgeshire Community paediatrics  
Speech and Language Therapy:  
[Attention and Listening Skills.](#)  
[Understanding language.](#)

