

Growing Independence: Drawing, painting, colouring



- I can make marks with sensory play materials.
- I can make different movements with mark making materials.
- I am beginning to imitate other marks.
- I begin to make marks for a purpose specific purpose.



Things to help me grow

- Developing fine motor skills.
- Providing lots of sensory experiences where the child can begin to make marks.
- Offering mark making opportunities around the child's interests or experiences, for example, painting with car wheels, or making a picture list to buy favourite foods.

Making things easier

- Ergonomic crayons/pens or grips.
- A slanted board.
- Nonstick mat under paper.
- Putting pencils on a tray so they do not roll away.
- Plain surfaces on table to reduce visual overload.
- Using mark making materials that produce a clear bold mark with little pressure.

Helpful Links:

Cambridgeshire Community paediatrics
occupational therapy team:

[Hand Skills.](#)

[Getting ready to write.](#)

