

A Guide for Settings and Childminders: Ready, Steady, Reception

The 50 Things to Do Before You're Five, Ready, Steady, Reception, is a practical tool to support children's smooth transition into school. By encouraging children to build everyday skills such as communication, managing change and self-care through playful activities, it helps them feel confident and ready to take on the routines and social expectations of Reception. The seven chosen activities in the Ready, Steady, Reception booklet also support the development of fine motor skills, self-regulation, and mark-making, furthering children's readiness for school.

What is happening at your feeder school?

The feeder school that shared this guide and the link to the booklet with you, is undertaking the Ready, Steady Reception transition project. They will be providing paper copies of the booklet and accompanying resources to each family who will be starting with them in September.

Families are being encouraged to take part in the activities within the booklet, which support key areas linked to school readiness, including managing change, self-regulation, fine motor skills and mark making, amongst many other skills to support a successful and positive start to school.

If you have accessed this handout online, it may be that your feeder schools have not heard about the project - why not share the link and suggest you share the booklets with families, together.

How can you get involved?

- **Become familiar with the booklet:** Read through the Ready, Steady Reception booklet and explore the activities. Reflect on how to support families that may find engagement challenging, offer additional support by modelling activities, breaking them into manageable steps, or discussing simple ways they can be adapted at home.
- **Strengthen links with feeder schools:** Make contact with your feeder schools to ask whether they require any further support or additional information about the children and families they will be welcoming next year. Sharing relevant insights can help ensure a more joined-up and supportive transition for children.
- **Promote the 50 Things to Do Before You're Five initiative:** If you are not already doing so, share information with parents on how to sign up for the app and explain its benefits for supporting children's learning and development through everyday activities.

Get involved

Practitioner support and guidance on [Supporting Home Learning](#). Includes definitions, initiatives and training



Department for Education guidance on [Supporting a Smooth Transition into Reception](#), and [Getting children ready for Reception](#). Size: 1,667KB File format: pdf



National Literacy Trust [Embedding the Home Learning Environment](#) guide.



[50 Things to Do Before You're Five](#) resources for schools and settings, including posters and guides.



Download the free app or explore the translatable webpage.

The seven exciting activities

- #10 Sharing Books.
- #16 Just Outside Your Door.
- #19 Growing Little People, Plants and Things.
- #20 Mini Artists.
- #36 Ready Steady Blow.
- #37 Postie.
- #45 Wonderful Waiting Games.