

A Guide for Parents: Ready, Steady, Reception

Starting school is an exciting next step for children and for parents too. While it might feel like learning letters and numbers are the most important things, what really helps children are the everyday skills they build through play and simple routines.

What is 50 Things to Do?

50 Things to Do Before You're Five is full of fun, no-cost or low-cost activities and events that help your child learn new skills, grow independence, and get ready for school. You can find all the activities on your local app or website.



What is the point?

The Ready, Steady, Reception booklet is a simple tool to help support your child's transition into Reception. It's filled with activities that build confidence, independence and the everyday skills children need for a confident start to school. It includes signposting to useful webpages or services to support families.

About the activities

Your booklet has seven fun, practical activities to try. Each activity is designed to help your child get ready for Reception by building everyday skills that support independence and learning. You do not have to do them in order, and you can do them more than once!

The other 50 Things to Do Before You're Five activities can be used to support your child's development of skills. You can access these on the translatable website or via the free app.

You can mark activities as complete and save memories of their achievements on the app, creating a record of their learning journey.

Shared moments

Your child can share the fun activities you have been doing together with their new class. This helps them feel proud, confident, and ready to join in, while showing teachers the skills and experiences they have been practising.

The seven exciting activities

- #10 Sharing Books.
- #16 Just Outside Your Door.
- #19 Growing Little People, Plants and Things.
- #20 Mini Artists.
- #36 Ready Steady Blow.
- #37 Postie.
- #45 Wonderful Waiting Games.

Get involved

[CambsEYC Starting Reception guide*](#) to the key skills to practice before starting reception. *Size: 3.8MB File format: pdf



[Starting Reception Steps on the journey for children with special educational needs and disabilities \(SEND\)](#). Size: 2.5MB File format: pdf



Access the 50 activities on [50 Things to Do Before You're Five](#), via the free app or translatable webpage.

