

Waiting for an appointment? Try these waiting games.

Playing waiting games entertains everyone, and extends your child's vocabulary at the same time.

Why?

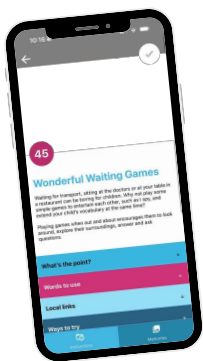
Playing waiting games:

- ✓ Encourages children to explore their surroundings.
- ✓ Develops patience and social skills, for example, turn-taking.
- ✓ Supports emotional regulation in public settings.
- ✓ Strengthens relationships with family. Improves language and communication.



How?

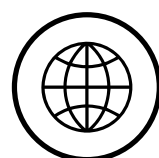
- ✓ Play I-spy, using letters, colours or size, for example, I spy, something red.
- ✓ Take turns playing 'Simon says'. Do not forget, only follow the command if it starts with "Simon says..."
- ✓ Lay out a few items from your bag or pockets, take turns to shut your eyes whilst the other person removes something, can you guess what is missing? You may need to give each other clues!



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