

50

things to do

before you're
five



Cambridgeshire
County Council



early years childcare and
school readiness service

Fun and free ways to support your child to prepare for the next step

Fifty low or no-cost activities, to enjoy with your
child, to support their readiness for the next step

Developing
self-regulation
skills to
support with
turn taking



#45

Wonderful Waiting G...

Waiting for transport, sitting at the
doctors or at your table in a restauran...

#47

Great Eastern Baking

Children love to help with cooking and
baking. Cooking together means you...

#38

Show and Tell

Encourage your child to show and tell
all of their daily activities so they kno...



Developing hand-eye
coordination to support
with skills later required
for writing



Supporting
vocabulary
development

#18

Dance!

Dancing is a fun way to encourage your
child to be active and healthy. Your ch...

#10

Sharing Books

Sharing books is a wonderful thing to
do with young children. Stories can be...

#22

My Secret Treasures

Toddlers and older children love to
collect and store items that excite the...



Strengthening
gross motor
skills to
support
readiness to
write



Experiencing
success and
failure to
support
management
of feelings



Hearing new vocabulary,
supporting children to
develop language to
express their own
thoughts and feelings



Download the free app to explore all 50 activities
cambspboro.50thingstodo.org



For more information on helping your child get ready
for reception visit startingreception.co.uk