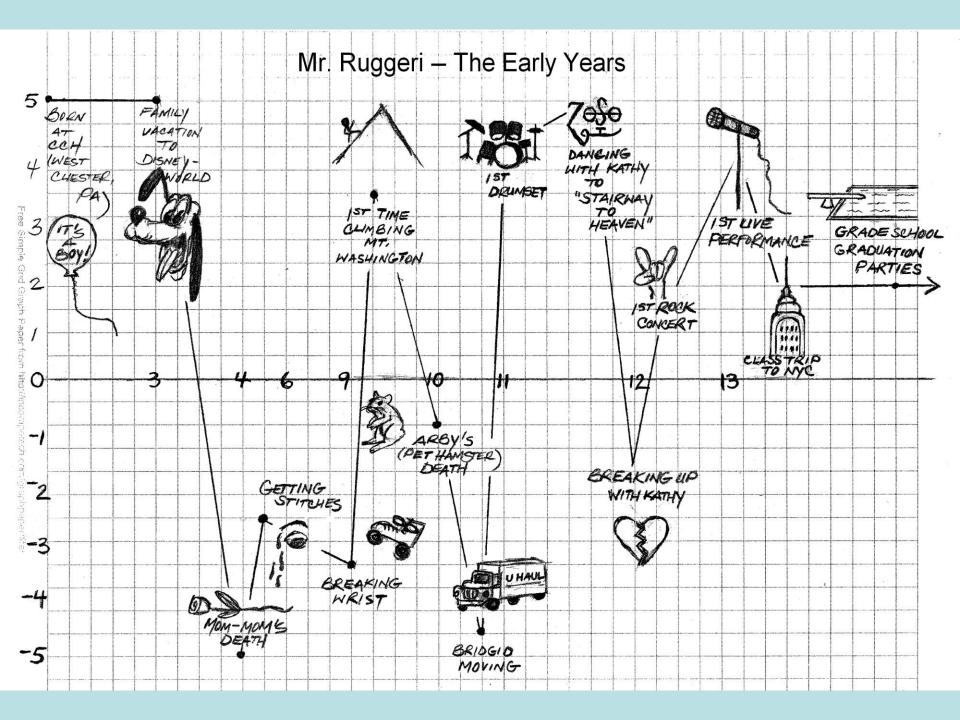
Creating a Life Graph

Life Graphs are used to represent the highs and lows of your life. The higher the point, the better the experience; the lower the point, the worse the experience.

Here's an example:



Choose 15 moments or events from your lifetime that are important enough to include in your life graph. **Remember to include both positive** and negative moments. The key thing to keep in mind is whether this event was important to you in some way. Include an image with each event.