



Cambridgeshire Physical Education Advisory Service

Professional Support for PE and Outdoor Learning

Primary & Special Schools

The Physical Education Advisory Service runs a comprehensive programme of workshops, training courses and activities for schools and settings. The Service can also provide cutting edge consultancy and advice to schools ranging from policy and curriculum planning, to the safe practice and the planning and management of school swimming.

We remain the first port of call for all issues and aspects related to curriculum Physical Education for schools in Cambridgeshire



@Cambs_PE



www.cambridgeshire.gov.uk/learntogether



Cambridgeshire PE Advisory Service

Professional Support for Physical Education and School Sport

The Cambridgeshire PE Advisory Service is a high quality provider of support and training for schools and teachers in this vital area of the curriculum.

- School based training for whole departments, schools and clusters of schools
- Extensive links with NGBs and National Stakeholders
- PG Tips - The innovative 'Practical Guides for teachers in Primary Schools' series
- Accredited courses for Primary School PE Specialists. The Physical Education Hub is a recognised Professional Learning Centre for the AfPE/Sportsleaders L5 & L6 PE qualifications.
- The Physical Education Health & Safety Check Package - This is a bespoke support package where schools are supported by an adviser in auditing, and planning Priorities for development in PE & School Sport



Contact Details:

Ian Roberts - Physical Education and School Sport Adviser
ian.roberts@cambridgeshire.gov.uk,
Telephone 01480 379077, Mobile 0797 9532847

Justine Spencer - Business Support Officer
justine.spencer@cambridgeshire.gov.uk
Tel: 01480 376257 Fax: 01480 376258

Further information about The PE Service



@cambs_PE

www.cambridgeshire.gov.uk/learntogether

Developing an inspirational PE curriculum for the 21st century

20th November 2025 – 1.30pm-3.30pm

Course Overview

One of the challenges of any school is to ensure that the curriculum that the children encounter is engaging and meaningful. What is the purpose of a physical education curriculum with which you are familiar? Does the curriculum provide meaningful and inspiring learning experiences for all children and young people? To what extent are all children and young people challenged and supported to achieve their full potential in physical education? This workshop will support schools in reviewing their PE offer, and developing a curriculum that focuses on what the children need.



Aims of Course

The goals of the workshop are for participants to:

- Consider how the physical education curriculum can be built to help equip all children and young people with the necessary knowledge, skills and values to lead active lifestyles.
- Consider the importance of providing authentic, meaningful and high quality learning experiences in physical education through a broad and balanced curriculum offer, where all children and young people are supported and challenged to achieve their full potential.
- Plan a physical education curriculum that is child-centred and focuses primarily on developing learning, rather than on teaching the activity content.

Important Information

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambridgeshire Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

Contact Details:

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To book visit <https://cambridge.council.bookingbug.com/home/w2499204>



How to put on a production

10 March 2026
1.30pm – 4.30pm

Course Overview

In this course we will consider what makes a good production and isn't stressful for teachers to put together.

- We will consider practical ideas that can be used and simple choreography that can be taught to children and how you can adapt this for varying age ranges and abilities.
- We will address what is appropriate and licensing issues.
- Costumes, props and staging and how to make this easy but effective.
- Dance choreography bespoke to your staging and school environment.

Teachers will be see and try examples of different dances that could be performed within a production

We will share ideas about how and where to find productions and ideas that could be used along with music and scripts.

We will consider alternative productions to a traditional Christmas play or end of year/ term musical.



Important Information

Venue: Papworth Village Hall, Ermine Street, Papworth Everard, CB23 3RD

How much does it cost?

Cambridgeshire Maintained Schools - £93
Peterborough, Academies, Out-of-County & Non-Maintained Schools - £111

Who should attend?

This course is for any teacher in Primary schools seeking innovative approaches to school productions.

Deliverer

Charlotte Cooney – Talent Dance Academy

Other information

Resources, refreshments and certificate of attendance included

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport
ian.roberts@cambridgeshire.gov.uk,
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Literacy through Dance

28 January 2026

1.30 – 4.30pm

Course Overview

Teaching literacy through dance involves using movement, drama, and creative exploration to deepen understanding of texts and develop language skills. By embodying characters, exploring settings, and creating movement sequences from stories or poems, students develop comprehension, vocabulary, and a deeper connection to the material, fostering a holistic and multisensory learning experience that benefits diverse learners.

In this practical course we will explore how dance can help contribute to improving literacy and how we can incorporate this within our lessons.

We will consider different a range of practical ideas and strategies to tighten the connection between practical dance lessons and literacy in education

How Dance Enhances Literacy

- **Embodied Learning:**
- **Sensory Engagement:**
- **Vocabulary Development:**
- **Narrative Exploration:**
- **Creative Expression:**

Benefits for Students

- **Increased Engagement:**
- **Differentiated Learning:**
- **Enhanced Skills:**
- **Connection to Text:**



Important Information

Venue: Papworth Village Hall, Ermine Street, Papworth Everard, CB23 3RD

How much does it cost?

Cambridgeshire Maintained Schools - £93
Peterborough, Academies, Out-of-County & Non-Maintained Schools - £111

Who should attend?

This course is for any teacher in Primary schools seeking innovative approaches to develop dance in the curriculum

Deliverer

Charlotte Cooney – Talent Dance Academy

Other information

Resources, refreshments and certificate of attendance included

Contact Details:

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To book visit

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Making Sense of Assessment in Physical Education

18th November 2025 – 1.30pm – 3.30pm

Course Overview

This course is in place to help teachers understand and share good practice for the assessment of children's progress in PE and how this can be used to inform teaching and learning.



Aims of Course

The goals of the workshop are for participants to:

- Review the intent of the NCPE
- Relate assessment for learning practices to student learning in Physical Education
- Examine assessment strategies and materials, and consider criteria, Identify opportunities to access ongoing support and resources

Important Information

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is ideal for Primary, Special and Secondary School teachers who teach Physical Education.

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Physical Activity in EYFS and KS1

Every Child a Mover

26th January 2026 – 9.30am – 4.30pm

Course Overview

This course is ideal for anyone working in an early years setting and KS1.

The largely practical course is especially suited to those who would like to learn more about the importance of physical activity in the early years and how to engage young children in more physically active and semi-structured play.



Aim of Course:

By the end of this course, participants will:

- understand the importance of physical activity in the early years
- learn about the physical activity and sedentary guidelines for early years
- adapt their delivery to plan and cater for the needs, interests and developmental stage within groups of children they care for.

Important Information

Venue:

Papworth Village Hall, Ermine Street,
Papworth Everards, Cambs CB23
3RD

How much does it cost?

£140 for Cambridgeshire Maintained
Schools

£162 for Academies & Non-
Cambridgeshire Maintained Schools

Who should attend?

This workshop is aimed at any
teacher, coach or assistant in Key
stage 1 and 2.

Delegates are advised that
refreshments and resources are
included. However, lunch is not
provided.

Contact Details:

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To book visit

www.cambslearntogether.co.uk/services-to-schools/pe/physical-education-courses-and-workshops

PE for Primary ECTs & Inexperienced Teachers

13th November 2025 – 9.30am – 4pm

Course Overview

This course is for ECTs, RQTs and those teachers who have not taught PE for a while in the primary phase who want to develop their understanding of the National Curriculum of Physical Education, health and safety implications and how to deliver high quality PE



Aims of Course

This course will:

- Look at good practice for the delivery of High Quality PE in Key Stages 1 and 2
- It will offer guidance about teaching and learning, assessment and some innovative materials for ensuring lessons are inclusive
- There will also be guidance on safe practice in this setting.
- A significant part of the workshop will be practical, addressing differentiation and high quality PE through games

Important Information

Venue:

Papworth Village Hall, Ermine Street,
Papworth Everard CB23 3RD

How much does it cost?

All other Cambridgeshire Maintained
Schools £140

All Academies & Non-Cambridgeshire
Maintained Schools £162

Who should attend?

This course is for ECTs, RQTs and those teachers returning to the profession in the primary phase who want to develop their understanding of the National Curriculum of Physical Education, health and safety implications and how to deliver high quality PE. EYFS, KS1 & KS2.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

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To book visit <https://cambridge.council.bookingbug.com/home/w2499204>



Pressing Issues with Swimming & Water Safety

3rd March 2026 – 1.30pm - 3.00pm

Workshop Overview

This course will include a copy of the Making Children Safe Near Water resource.



Aims of Workshop

The goals of the workshop are for participants to:

-

Important Information

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is for any teacher, coach or assistant in the primary phase.

Contact Details:

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Primary Physical Education Subject Leader Network Meeting

23rd October 2025 and/or 18th March 2026

1.30pm – 3.30pm

Course Overview

These two workshops will enable PE Curriculum leaders to be up-to-date with the most recent changes in all aspects of PE and school sport, and enable colleagues to consider strategies to be advocates for the subject. Ideally PE coordinators would attend both sessions because content will not be the same.



Aims of Course

- to reflect on the current quality of teaching and learning in their school
- to review Ofsted criteria for High Quality teaching in PE and analyse lessons
- to understand the strengths in teaching and identify areas for improvement
- to develop their leadership and management of PE and SS with clear goals and actions identified

Important Information

Venue:

By Teams. The Teams link for each event will be forwarded nearer the date.

How much does it cost per event?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

Primary phase PE coordinators

Delegates are advised that you can attend either one or both of the events as the topics will be different for each event.

Contact Details:

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Safe Practice in Physical Education

25th November 2025 – 1.30pm – 3.30pm

Course Overview

This course is in place to help teachers understand and share good practice for ensuring that PE and School Sport is safe.



Aims of Course

By the end of this workshop, delegates will:

- know how to access the relevant national and local guidance provided by their local authority for all areas of PE
- know what should be included in a schools PE policy in relation to safe practice
- know how to risk assess particular activities and teaching areas

Important Information

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is for any teacher, coach or assistant in the primary, special and secondary phase.

Contact Details:

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To book visit <https://cambridge.council.bookingbug.com/home/w2499204>



Supporting Physical Education for TAs & Adults Supporting Learning

26th February 2026 – 1.30pm – 3.30pm

Course Overview

This course will give colleagues an opportunity to appreciate the content of the Primary PE National Curriculum and what this means in terms of how and what children should be taught.



Aims of Course

- Delegates will explore what high quality PE lessons look like
- Delegates will gain an overview and understanding of the Ofsted criteria for good and outstanding teaching

Important Information

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This workshop is aimed at adults other than teachers who support learners in PE lessons. For example TAs, HLTAs, coaches, instructors and apprentices.

Contact Details:

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To book visit <https://cambridge.council.bookingbug.com/home/w2499204>

Supporting the reluctant Dancer

10 November 2025

1.30pm – 4.30pm

Course Overview

In this practical course we will look at how we can support and engage the reluctant dancer.

This doesn't necessarily mean boys, this means everyone and anyone who isn't comfortable with dance and moving their body.

- We will explore ways we can encourage them and the strategies you may have already in place within your school, and new ideas you can use.
- We will consider topics that are relevant to children to help get them engaged and to make dance exciting and fun for them.
- We will look at practical ways that children can take ownership of the dances that they create and are part of, be able to work as a team and feel they can express themselves in a safe environment.
- We will look at different ideas of how to make it happen, Eg props, music, themes
- We will also address barriers that may make a dancer reluctant, and how we can support this and potentially break these down.



Important Information

Venue: Papworth Village Hall, Ermine Street, Papworth Everard, CB23 3RD

How much does it cost?

Cambridgeshire Maintained Schools - £93
Peterborough, Academies, Out-of-County & Non-Maintained Schools - £111

Who should attend?

This course is for any teacher in Primary schools seeking innovative approaches to develop dance in the curriculum

Deliverer

Charlotte Cooney – Talent Dance Academy

Other information

Resources, refreshments and certificate of attendance included

Contact Details:

Ian Roberts – Specialist Adviser - PE & School Sport
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To book visit

<https://cambridge.council.bookingbug.com/home/w2499204>

Teaching Dance in Primary Schools

8 October 2025 & 3 December 2025
1.30pm – 4.30pm

Course Overview

This is a two part course held over two afternoons. It would be expected that teachers attend both sessions.

This innovative course is for for all those planning, delivering and supporting dance in primary school settings.

Whether you are completely new to teaching dance or you are just looking for new ideas this course will be perfect: It is aimed at the non-specialist teacher and requires no previous knowledge or skill in dance.

Part 1

- The layout of a dance lesson, and how this can be adapted for all year groups 1-6. We will touch on the curriculum and what is needed to be taught for dance.
- Getting children engaged with the lesson right from the start!
- Topics and cross curricular themes.
- Basic choreography
- Groupwork and empowering children in dance.
- Music and how to find age-appropriate music.
- Dance motifs and what children should learn.
- Planning a session and how to do this.

Part 2

- Revision of the lay out of a session, and how this will progress into a unit of work you can teach for the half term.
- Lesson outcomes & progression.
- Practical ideas for warmups, class choreography, group work, evaluation and cool / calm down.
- Planning and sharing practice.
- Cool downs and calm downs and how these can help the children after the session.
- Question and answer time, additional support in areas needed.



Important Information

Venue: Papworth Village Hall, Ermine Street, Papworth Everard, CB23 3RD

How much does it cost?

£140 each for Cambridgeshire maintained schools. £162 for Peterborough, Academies and non-Cambridgeshire maintained schools.

Who should attend?

This course is for any teacher in Primary schools seeking innovative approaches to develop dance in the curriculum

Deliverer

Charlotte Cooney – Talent Dance Academy

Other information

Resources, refreshments and certificate of attendance included

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To book visit

<https://cambridge.council.bookingbug.com/home/w2499204>

Training for New or Inexperienced Physical Education Subject Leaders in Primary Schools

Course Overview

This package of two half-day courses will support teachers in developing confidence and understanding of what is involved in PE subject leadership, and provide opportunities to share practice for the improvement PE in a primary school.



Aims of Course

During these workshops, colleagues will address;

Issues of PE subject leadership	Pupils' progress and attainment
Assessment of pupil performance	Accountability and funding
Quality first teaching	Safe Practice in PE
Whole school connections with PE	
Progression in PE and attitudes within PE	
Strategies to improve the overall quality and attainment within PE	

Important Information

Dates:

11.11.25 and 24.2.26

Delegates can attend one or both of the dates, each date covers a different topic. (Each date must be booked individually)

Time: 1.30pm – 3.30pm

Venue: By Teams. The Teams link will be forwarded nearer each date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

These workshops are aimed at teachers and coaches who have been given responsibility for the leadership of PE in Primary schools and settings

Contact Details:

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 Telephone 01480 379077, Mobile 0797 9532847

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What Does Outstanding Physical Education Look Like In Primary Schools

21st October 2025 – 1.30pm - 3.30pm

Workshop Overview

This workshop will enable teachers to share ideas about the differences between good and outstanding teaching of PE, and will provide strategies to take back to schools that will enable the best possible experience of PE for all.



Aims of Workshop

The goals of the workshop are for participants to:

- reflect on current quality for teaching and learning in school
- consider how to take PE lessons from Good to Outstanding, making them highly successful and engaging for all students
- review OFSTED criteria for well taught PE

Important Information

Venue:

This course will be hosted via Teams. You will receive a booking confirmation and a second invitation email with Teams log-in will be forwarded nearer the date.

How much does it cost?

£49 for Cambridgeshire maintained schools

£54 for Cambridgeshire Academies and all Non-Cambs Schools

Who should attend?

This course is for any teacher, coach or assistant in the primary phase.

Contact Details:

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What Ofsted expects of Physical Education? What Physical Education can expect of Ofsted?

6th November 2025 - 1.30pm – 4.30pm



Course Overview

The 2019 framework from Ofsted is good news for PE and school sport, and their place in a broad and balanced curriculum. It represents a welcome step to recognising the essential role that PE, sport and physical activity play in a good and well-rounded education.



Aims of Course

By the end of the workshop, teachers will gain an understanding of how the new inspection framework will consider PE, School Sport and Physical Activity, and how we can ensure that schools are able to showcase good practice by considering;

- the curriculum offer and the quality of education
- what is meant by a broad and balanced curriculum
- The 3 I's – INTENT, IMPLEMENTATION and IMPACT, and what this means for the PE curriculum
- The deep dive and what questions will inspectors ask
- The contribution that PE makes to whole school outcomes, and how we can evidence this.

Important Information

Venue:

Sunley House, Summer's Hill Drive,
Papworth Everard CB23 3RG
(opposite Papworth Village Hall)

How much does it cost (per event)?

£93 for Cambridgeshire Maintained Schools. £111 for Academies & Non-Cambridgeshire Maintained Schools

Who should attend?

PE teachers, subject leaders, SLT for all schools and settings

Deliverer

Ian Roberts – Specialist Adviser for PE & School Sport - Cambs & Peterborough. AfPE Regional Strategic Adviser

Contact Details:

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Bringing Classroom PE to Life

TBC – 1.30pm - 4.30pm

Course Overview

This workshop will consider a variety of teaching and learning strategies designed to promote cooperation and achievement in the classroom. These ideas will promote a safe supportive environment leading to academic success and social development in GCSE & A Level PE. Without changing what is taught, the workshop will help teachers review how content is taught.



Aims of Course

By the end of this workshop, colleagues will have greater understanding of;

- How to challenge all students, especially lower achievers, and improve grades
- easy-to-implement, research-based cooperative instructional strategies
- How to accelerate learning for mastery and retention

Important Information

Venue:

TBC

How much does it cost?

Cambridgeshire Maintained
Schools £93

Academies & Non-Cambridgeshire
Schools £111

Who should attend?

This course for Heads of PE in
secondary school.

Delegates are advised that
refreshments and resources are
included.

Contact Details:

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To book visit

www.cambslearntogether.co.uk/services-to-schools/pe/physical-education-courses-and-workshops

Making the PE and School Sport Premium Count

TBC – 3.30pm-5pm

Course Overview

This online webinar will give teachers and colleagues an opportunity to discuss, and share ideas about maximising the impact of The PE & School Sport Premium on young people, and how we can use this funding to provide every student with the opportunity to fulfil their potential.



Aims of Course

Teachers will have an opportunity to learn about, and discuss:

- The **WHY – HOW – WHAT** model for planning and prioritizing the use of PESS premium
- Using the PESS premium to rejuvenate primary pupils' wellbeing through physical education and physical activity
- Top tips on getting the best use of the PE premium
- Practical examples of local best practice

Important Information

Venue:

This course will be hosted via Zoom. You will receive a booking confirmation and a second invitation email with zoom log-in will be forwarded nearer the date.

How much does it cost?

£49

Who should attend?

Primary phase PE subject leads, Head-teachers

Contact Details:

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Outdoor Adventurous Activities Bringing Adventure to PE

To Be Advised – 9.30pm - 4pm

Course Overview

This workshop is designed to give teachers and teaching assistants creative ideas for how to deliver OAA sessions in a fun and safe environment for Key Stage 1 and Key Stage 2 pupils. The workshop will provide new ideas for how to run OAA activities that develop a range of skills such as communication, co-operation and teamwork



Aims of Course

By the end of the workshop delegates will:-

- Understand how to deliver OAA in line with the new curriculum
- Gain ideas to deliver OAA within the school setting
- Feel more confident and better equipped to deliver OAA

Important Information

Venue:

To be advised

How much does it cost?

Cambridgeshire Maintained Schools £140
Academies & Non-Cambridgeshire
Maintained Schools £162

Who should attend?

This course is for all teachers who wish to learn more about how teaching and learning can be enhanced through LOTC and OAA.

Delegates are advised that refreshments and resources are included. However, lunch is not provided.

Contact Details:

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