

Half Term at Home Toolkit – February 2021

We are fast approaching February half term. After a very tough winter we are all looking forward to nicer weather and brighter days, but right now we are in a very important moment of the pandemic.

We are seeing the vaccine roll out happen at great pace and over 12 million people have now received their COVID-19 jab. It is also very encouraging to see infection rates start to fall. This is mainly driven by the current lockdown and social distancing. However, the drop in positive cases will take longer to filter through to the number of deaths and hospitals are still under huge pressure.

There are reasons to be hopeful and it is good to see the sacrifices of lockdown making a difference, but to ensure infection rates and hospital admissions continue going in the right direction, and to keep ourselves and those around us safe, it remains as important as ever to continue following the rules.

We have come up with 5 ideas and activities that parents can enjoy with their children safely at home, during lockdown.

Images for social media can be accessed via We Transfer here: <https://we.tl/t-wxg4gev5Yu>

Day	Image	Copy
Monday		While the kids are at home this week during lockdown, why not get crafty? It's important we all continue to stay at home and follow the national lockdown rules to help stop the spread of the virus. Staying safe over February half term: https://publichealthmatters.blog.gov.uk/2021/02/09/staying-safe-over-february-half-term/
Tuesday		Happy Pancake Day! Today is the perfect opportunity to get the kids involved with making some pancakes while we are staying home to help stop the spread of Covid-19.

		Share your pancake creations with us in the comments below! Staying safe over February half term: https://publichealthmatters.blog.gov.uk/2021/02/09/staying-safe-over-february-half-term/
Wednesday	 Video	This half term, we need to carry on helping stop Covid in it's tracks and stop the spread of Covid-19. We need to stay at home as much as possible and follow the national guidelines. @TAGGARDENHUNTINGDON have given some tips and advice on how to create your own Wildlife Wall at home! Have a look at their wall here: https://www.facebook.com/TAGGARDENHUNTINGDON/photospcb.1279963639037562/1279960055704587/
Thursday		We are still in a national lockdown and the rule to stay at home remains in place, including over the February half term break. This half term enjoy what's on your doorstep and enjoy some local walks. Cambridgeshire/Peterborough has some beautiful scenes and countryside. Staying safe over February half term: https://publichealthmatters.blog.gov.uk/2021/02/09/staying-safe-over-february-half-term/

Friday



It's important we all stay active and exercise. Try working out at home or take advantage of the countryside around and go for a walk.

There are also lots of activities to enjoy with the kids safely at home, take a look at some ideas here:

<https://www.nhs.uk/change4life/activities>