







### **Foreword**

The 2024 Cambridgeshire HAF Programme continued to evolve and offer high quality HAF schemes to meet the needs of local families.

We endeavoured to increase support to families of children with Special Educational Needs and Disabilities (SEND) by increasing HAF Programme opportunities. For 2024 this included funding more HAF places at specialist SEND schemes such as Little Miracles (see case study) and a new SEND offer at the Clip 'n' Climb Climbing Wall. The total children with SEND who accessed the HAF Programmes during 2024 increased to 1288. We will continue to focus on supporting all families and HAF providers during 2025 to increase inclusion for all children.

The case studies included within this report highlight the dedication of Cambridgeshire HAF Providers. This includes Come and Play in Whittlesey who offer exceptional support and signposting to local families, This includes one parent who received support to ensure their children attended the summer HAF programme and signposting to the local food banks and church. This provider also went to great lengths to ensure the same family were supported by delivering clothing, toys and food to their home. The HAF Team recognise and value the engagement of HAF providers with local families.

Our focus during 2025 will continue to be on ensuring providers meet and exceed the HAF Framework of Standards. This will happen through support and challenge from our team of specialist HAF advisers and the dedication of providers to ensure families receive the best possible care and support. We look forward to building on our offer and ensure more opportunities are available to children and young people who participate in the HAF Programme within Cambridgeshire.

#### **Annette Brooker**

Head of Early Years, Childcare and School Readiness Service Children, Education and Families Cambridgeshire County Council

66 The school holiday event exceeded expectations!

A job well done by the event organisers! 99



### Introduction

Since 2022, the HAF programme has provided **15.6 million HAF days** to children and young people in England. Across the 2023 to 2024 academic year, almost 5 million HAF days were provided during winter, Easter, and summer delivery.

The Holiday Activities and Food (HAF) programme provides healthy meals, enriching activities, and funded childcare places to children (reception to year 11) from low-income families, benefiting their health, wellbeing and learning.

Primarily aimed at children in receipt of benefits-related free school meals (FSM), Cambridgeshire County Council (CCC) also offer further funded places. They allocate up to 15% of their annual HAF grant, to a wider range of families who are experiencing financial challenges currently. Please visit our Parents HAF webpage for further details.

# There are many benefits for children who attend the HAF programme which include:

- receiving healthy and nutritious meals
- maintaining a healthy level of physical activity
- being happy, having fun and meeting new friends
- developing a greater understanding of food, nutrition and other health related issues
- taking part in fun and engaging activities that support their development and well-being
- feeling safe and secure
- getting access to the right support services
- returning to school feeling engaged and ready to learn

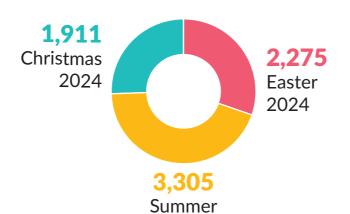






# Cambridgeshire HAF Programme **2024**

As with previous years, the greatest demand for the HAF Programme from local families is during the summer school holidays with **3305** unique children attending for up to **64 hours** each.



2024



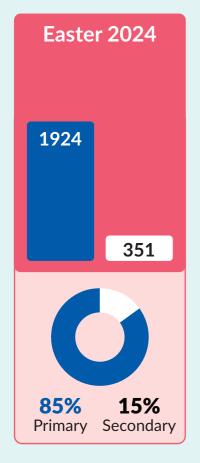
The **Christmas 2024 HAF Programme** offered the broadest range of family experiences yet including swimming, ice skating, roller skating, an animal park, pantomime and climbing walls. Feedback from families suggested these were welcomed, especially at this time of year and offered an enriching experience for the whole family to enjoy. Plans are developing to offer similar for Christmas 2025.

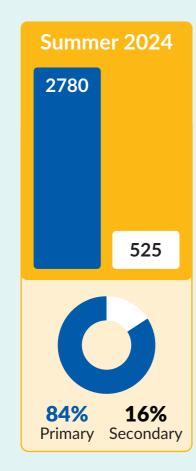




### Participation of primary and secondary school children

Participation within the Primary age range continues to be high. Young people aged 11 to 16 enjoyed the range of Christmas experiences on offer that they could often attend independently. This increased their participation to 24% compared to 14% for Christmas 2023. This is an age range that we will continue to look for alternative experiences that will appeal and engage throughout the year.







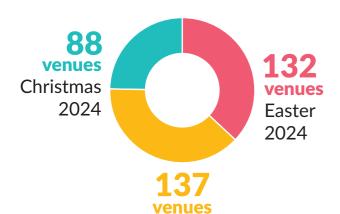


### **Participation of children with SEND or additional needs**

The development of Special Educational Needs or Disabilities (SEND) places within mainstream and specialist HAF schemes has continued to increase year on year. We continue to support all families to access HAF provision where possible. Additional funding is given to HAF providers where needed to support the inclusion of children.



### **Providers delivering the HAF Programme**

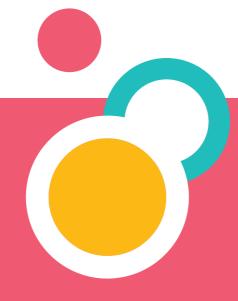


Summer 2024



One area of focus for 2024 was to increase diversity of HAF provision available to local families. This has been achieved by registering more family experiences for the Christmas HAF programme and partnering during Easter, Summer and Christmas with organisations such as Cambridgeshire Music, Cambridgeshire Libraries and childminders who provide a unique HAF offer to families.

Cambridgeshire HAF providers demonstrate that they are willing to go to great lengths to support families and we thank them for this.



There was a great atmosphere during the show in Cambridge Junction; my child is still practicing various tricks and has involved his classmates who are learning to juggle.

Very nice service and tasty snacks! 99



Fun Times Holiday Club

Inspire Holiday Clubs

Little Miracles Charity

KD Theatre Productions

Grow With Us

KidsZone

**SEND** 

- Morley Holiday Club
- Oak Activities
- Premier Education
- Romsey Mill
- Smarties Holiday Club
- · The DX Club
- The Library Presents
- University of Cambridge Holiday Playscheme
- Childminders across
   Cambridgeshire
- Youth Dreams Project
- All Seasons Children's Play
- Bassingbourn OSC
- Cambridge Russian School
- Cambridge United Camp
- Careclubs Holiday Club
- Splatz Holiday Club
- Fireflies Forest School
- Fourfields Primary
- Fusion Youth Projects
- Happy Hens Childcare
- JS Sports & Education
- Kids Club Ely
- Limitless Sports
- MACCA Sports
- N CTU E I
- Next Thing Education
- One Leisure
- Prestige Sports Camps
- Sandy Hill Community Project
- Sport2day
- The Fitzwilliam Museum
- The Newcroft Club
- Waterbeach
   Playscheme
- Yaxley Out of School Club
- Youths of Fenland

doing something active in the Christmas holidays.
And it was all day!

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### **Food education**

Throughout 2024 HAF providers raised awareness of healthy eating and lifestyles in their day-to-day practice. Play-based providers planned playful, child-led activities such as encouraging children to try different whole foods, visiting local supermarkets and markets to purchase fresh fruit and vegetables to eat at snack and lunchtimes, using simple recipes to make delicious, nutritious food cooked from scratch. Providers reported that children engaged well with this approach and parents welcomed updates at the end of the session on what their child now enjoys and the recipes they can try at home. Children also benefited from spontaneous and planned discussions with staff around sugar and fat content

in many ultra processed foods and

food miles for certain items

purchased.

# **Supporting and signposting parents**

Cambridgeshire is compiled of a mix of urban and rural areas. By funding local HAF providers who know their area and the services available to families, they can signpost effectively when parents ask for support. The HAF Team maintains a comprehensive signposting document which builds on the knowledge of providers and informs them of the support available by local and national organisations. Please read the case study below which offers further insight into the level of support our HAF providers, specifically Come and Play in Whittlesey provide.



HAF **grant received** from the Department for Education:

£1,927,940

Overall **expenditure** for the Cambridgeshire HAF Programme:

£1,927,940



The proportion of funding spent on Administration: £173,198

(9% of The HAF grant)

Breakdown of administrative spend:

Staffing	£171,342
Travel and subsistence	£524
Professional development	£825
Office furniture and telephony	£507

### The HAF steering group

- Early Years, Childcare and School Readiness Service: Senior Management Lead
- Finance Lead
- Place Planning Children, Education and Families Education Welfare Benefits Lead
- · Families Information Service Lead
- Communities Service Lead
- Communications and Information Team Lead
- Public Health Lead



things. She said the staff were amazing and

friendly.





### **Little Miracles**

## Supporting children with SEND

Little Miracles is a charity that supports families who have children with additional needs, disabilities and life-limiting conditions. It recently featured on BBC's Strictly Come Dancing through the DIY SOS work Nick Knowles achieved with the Charity.

During the Summer Little Miracles has supported a host of families. However, one family in particular stands out. The family have joined Little Miracles and taken part in various activities, trips and visits such as Stanwick Lakes and Skegness. During the day, parents are provided with much needed rest bite care by pairing the children with Youth Workers. This has given the staff at Little Miracles the opportunity to chat to the family and offer further signposting to local food banks, counselling services and other support agencies.

Little Miracles have offered the older 'young' people the opportunity to work on a music project as part of a local youth club. This has supported the families with much needed breaks and allowed the parents to take part in some parent led activities. As such, the parents have created new social networks with other service users and been given the time to pursue their own

hobbies and interests in an environment that is secure and free of judgement.

When asked about the impact Little Miracles have made through the HAF programme, the family said:

"Thank you so much without Little Miracles I don't know where I would be, Little Miracles are a complete lifeline! And support us no end. The kids and I have made some amazing friends along the way and Little Miracles has now become our second family! We appreciate all the time and effort that goes into every single activity! So, from the bottom of our hearts THANK YOU"



### **Come and Play**

# Supporting and signposting families

Come and Play is a playscheme in the Fenland district of Cambridgeshire and has worked with the HAF programme for three years.

Come and Play are exceptional in building relationships with local families and supporting their needs. They have been working alongside a local family with six children during summer 2024. The parent struggled to bring her children to the setting in the morning. To support the family who are at risk of social exclusion, Come and Play offered to collect the children from home to enable them to engage fully with the HAF programme. This resulted in their full attendance at the scheme throughout the summer.

The eldest child attended Come and Play's daily swim sessions and although very apprehensive at first, quickly made friends who encouraged him to join them which resulted in him enjoying it so much that he didn't want it to end! The

children expressed to staff that they thoroughly enjoyed the activities offered including trips to the swimming pool, soft play and the petting farm, enjoying an ice-cream van visit, and participating in many games.

Come and Play worked with this family to identify their needs ensuring these could be supported. The setting has gone above and beyond in signposting them to additional support in the form of food banks and connecting with the local Church, even collecting items such as clothing, toys and food and delivering them to the family home. Come and Play identified the embarrassment the parent felt asking for help and were quick to reassure the family. The parent commented:

"I was in tears when **Come and Play** delivered the food bags to my door. Their support in offering food, toys and clothing has been huge."



### Partnership working with a childminder

## Let's Cook project

Joanna Bucka is a Childminder in South Cambridgeshire and worked with the HAF programme for several years. As part of the HAF offer, Joanna takes the children in her care to local enriching activities.

Joanna heard about Let's Cook Project through a local school and decided to book onto the sessions with some of the children aged 5 to 10 years attending her setting. Let's Cook Project is social enterprise who believe that learning to cook is the gateway to eating well and enjoying good food. They have a team of chefs, nutritionists and home economists that provide training and support for local communities to cook fresh homemade meals and reduce food waste.

The children attended Let's Cook Project with Joanna over 3 days and during the sessions received a recipe card and the ingredients to make several dishes from pasta and curry with homemade peach chutney to healthy puddings.

Initially, Joanna noticed that the children were quite reserved and although they enjoyed chopping fresh garlic, vegetables and spinach and adding it to their meal, they were very vocal about not wanting to try any of it 'urgh I hate mushrooms'. However, when the finished dish was plated up all the children tried the food and they loved it! Some of the

children were so proud of the meal they had made that they saved a portion to take home for their mum.

Joanna and the children used the skills they had developed during the Let's Cook Project back to the setting and encouraged other children to help make lunches. Joanna commented:

"The recipe cards were simple to follow and the ingredients easy to obtain that we cooked the lunches a number of times and the children really enjoyed this. Taking part in the project has really encouraged the children to become actively involved in cooking at home."



