

Bathampton Primary School *Together on a learning adventure*

Key Stage One PE

Pupils should be taught to:

• master basic movements including, running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities

- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year One	<u>Gym</u>	Dance	<u>Gym</u>	<u>Gym</u>	<u>Gym</u>	Games/Athleti
	Flight-Bouncing,	The Seasons	Points and Patches	Rocking and	Wide, Narrow,	Sending
	Jumping, Landing			Rolling	Curled	
		Games	Games	2		Dance
	Games	Travelling with the	Creating Games	Dance	Games/Athletics	Dinosaurs
	Bouncing and	ball		Animal Circus	Receiving	
	Catching				5	
Year Two	Dance	Games	<u>Gym</u>	<u>Gym</u>	<u>Games</u>	Games/Athlet
	Superheroes	Ball skills:	Pathways-Straight,	Spinning, Turning,	Sending Skills,	Running,
		Dribbling	Zig-Zag, Curving	Twisting	Hitting and	Hopping an
	Games			-	Striking	Jumping
	Ball Skills:	<u>Gym</u>	Dance	Games		
	Throwing and	Parts High and	Dancing Around	Sending and	Dance	Gym
	catching	Parts Low	the World	Receiving	Under the Sea	Linking
				-		Movements
						Together
	All Clas	ses involved in DPA:	Skipping, Take Ten, I	Mind Gym, FUNs activ	ities etc	
				venturous Learning, C		

NB, These topics are subject to change as specialist PE coaches often visit and teach their specialist topic to demonstrate good practice to teachers and improve the skills of our children



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Key Stage Two PE							
 Play comperation of the second apply be and apply be develop fle Perform da Take part in 	aught to: g, jumping, throwing titive games, modified basic principles suitab xibility, strength, tech nces using a range of n outdoor and advent heir performances wit	d where appropriate (le for attacking and d nnique, control and ba movement patterns urous activity challeng	eg, badminton, basko lefending alance (eg through at ges both individually	etball, cricket, footba hletics and gymnastic and within a team	cs)	unders and tennis),	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
Year Three	<u>Gym</u> Stretching and Curling <u>Games</u> Invasion games, passing	<u>Dance</u> The Pyramids <u>Games</u> Invasion games, creating space	<u>Dance</u> Magnets and Forces <u>Gym</u> Symmetry and Assemetry	<u>Gym</u> Pathways <u>Games</u> Net/wall games	<u>Gym</u> Travelling with a Change of Front and Change of Direction <u>Games/Athletics</u> Striking and Fielding	<u>Games/Athletics</u> Striking and Fielding <u>Dance</u> Plants and Growing	
Year Four	<u>Dance</u> Ice and Fire <u>Games</u> Net/Wall games	<u>Games</u> Invasion games, controlling and receiving <u>Gym</u> Balance	<u>Gym</u> Receiving Body Weight <u>Dance</u> The Romans	<u>Gym</u> Balance leading to Change of Face and Direction <u>Games</u> Invasion games, keeping possession of the ball	<u>Games</u> Invasion games, marking and tackling <u>Athletics</u>	<u>Games/Athletics</u> Striking and Fielding <u>Gym</u> Rolling	
Year Five	<u>Dance</u> Ancient Greeks <u>Games</u> Net/wall games	<u>Gym</u> Bridges <u>Games</u> Invasion games,	<u>Gym</u> Flight <u>Games</u> Invasion games,	<u>Dance</u> Space <u>Gym</u> Functional use of	<u>Gym</u> Turning and Spinning Games	<u>Games</u> Striking and Fielding Athletics	



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		support play and formation	shooting and keeping	the Limbs	Striking and Fielding	
Year Six	<u>Dance</u> The Vikings <u>Games</u> Invasion games, attacking and defending play	Gym Matching and Mirroring <u>Games</u> Invasion games, teamwork and	<u>Gym</u> Synchronisation and Canon <u>Games</u> Invasion games, Tactics	<u>Gγm</u> Holes and Barriers <u>Games</u> Net/wall games	<u>Gym</u> Counter Balance and Counter Tension <u>Games</u> Striking and	<u>Dance</u> Electricity <u>Athletics</u>
	Regular out	door education inclue	ding Outdoor and Ad	 Mind Gym, FUNs activi venturous Learning, O ol for lessons during `	rienteering	

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