

# PE Curriculum map

Year Group	Auntumn 1	Auntumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Multiskills (field)  Jumping and skipping	Throwing and catching a variety of apparatus  Fundamental gymnastics	Multi skills games  Dance (Movement to music)	Bat and ball skills  Parachute games	Swimming  Throwing and catching	Swimming  Outdoor athletics
Year 1	Swimming  Skipping and fitness	Games (large ball skills)  Gymnastics (rolling)	Games (Throwing and catching, aiming)  Dance	Games (bat and ball skill, skipping)  Parachute games/catching	Swimming  Multi skills	Swimming  Outdoor Athletics
Year 2	Swimming  Gymnastics (Travelling)	Games (throwing and catching/inventing games)  Skipping and fitness	Games (making up games, hitting, kicking, aiming)  Dance	Cross country warm up and rounder's  Games (dribbling, kicking and hitting)	Swimming  Country dancing	Swimming  Country dancing/Outdoor athletics
Year 3	Swimming  Multi-skills	Invasion games – Hockey/Badminton (weather dependent)  Gymnastics (Val Sabin - Jumping)	Invasion games- Basketball  Net wall skills (Badminton/Tennis type activities)  Dance (advice from YMCA)	Striking and fielding - cricket  Football	Swimming  Net/wall - Mini Tennis	Swimming  Outdoor athletics
Year 4	Swimming  Gymnastics	Badminton  Multi-skills	Invasion games- netball  Dance (advice from YMCA)	Tennis  Striking and fielding – cricket	Swimming  Basketball	Swimming  Outdoor athletics
Year 5	Swimming  Sports hall athletics	Hockey and cross country  Gymnastics	Invasion games – Orienteering/tag rugby  Dance (advice from YMCA)	Basketball  Tennis	Swimming  Striking and fielding – Cricket	Swimming  Outdoor athletics
Year 6	Swimming  Sports hall athletics	Invasion games – Hockey/Cross country  Gymnastics	Orienteering/Tag rugby  Dance	Basketball  Cricket	Golf  Striking and fielding - rounder's	